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**9**Eye On WDM Winners

15 SeeClickFix **pl**WDM Parks
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6500 Grand Avenue, Suite 110, West Des Moines, IA 50266-5357 515.271.7802 // dmu.edu/clinic/recplex

#### DES MOINES

Our long-established clinic near downtown

3200 Grand Avenue,
Des Moines, IA 50312-4198
515.271.1717 // dmu.edu/clinic/physical-therapy



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WELCOME to the WDM Magazine... The City of West Des Moines' premier communication sent to over 34,000 homes and businesses throughout the City.

The WDM Magazine is published three times per year to highlight city news and information as well as community events and programming available through WDM Parks and Recreation, the WDM Library, and WDM Human Services.

#### **WEST DES MOINES CITY HALL**

4200 Mills Civic Parkway West Des Moines, Iowa 50265 (515) 222-3600



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# THE MAYOR'S COLUMN



Throughout my 22-1/2 years in West Des Moines city government – eight on the city council and soon to

be 14-1/2 years as mayor – I've always been guided by a principle espoused by Thomas Jefferson: "The government closest to the people serves the people best," and tried to follow the adage, "Do the right thing for the right reasons."

As I prepare to end my time as mayor, I look back not only on how Jefferson's spirit has led to so many successes for our community but also how teamwork has been an indispensable ingredient every step of the way. West Des Moines' most important achievements would not have been possible without the collective efforts of elected and appointed officials, city staff, our businesses, nonprofit organizations and churches, and individual citizens.

When it comes to the people of West Des Moines, another Jefferson quote comes to mind. "Do you want to know who you are? Do not ask. Act! Action will delineate and define you." Our city's residents are defined by their civic spirit, their eagerness to pitch in to help others, their efforts to make things better. Just as the success of our city government has been the result of team, so, too, has the success of our city been the result of teamwork between the public and private sectors, groups and individuals.

We've seen that in so many acts, large and small, and it's something I will be reminded of every time I visit the MidAmerican Energy Company RecPlex, the Jamie Hurd Amphitheater, Raccoon River Boathouse, our vibrant Historic Valley Junction District and so many other places in our community.

Over the years, I've been especially proud of:

- Our residents' satisfaction with city services. The city's 2020 citizen survey indicated 92% of residents expressing an opinion were satisfied with their overall quality of life. West Des Moines scored above the Midwest average in 50 of the 51 measured areas, and was significantly above the regional average in 46 categories.
- The reduction in our property tax rate from \$12.05 per \$1,000 valuation in 2007 to \$10.95 for fiscal year 2022.
- Recognition by national publications and organizations of our community as being the best place for millennials, among the top 10 best small cities for education, the second-best small city to retire, the most-diverse suburb in Iowa, the best city government conducive to business for 24 years in a row, the eighth highest city in the nation for citizen satisfaction, among the top 10 most affordable suburbs, one of the best places to raise your kids, and more.
- One of only approximately 100 cities in the U.S. with an AAA bond rating, the highest awarded by S&P and Moody's;
- Nearly \$7 billion in new building permits since 2008;
- All three public safety departments police, fire and EMS – are nationally accredited.
   To the best of our knowledge, only 12 other U.S. cities have that distinction.
- Being the only Iowa city with a standalone Human Services Department and the first to create a director-level position (and hire a director) for diversity, equity and inclusion initiatives.

Visit us on the web at www.wdm.iowa.gov

I want to give a special thank you to my wife, Sally, and adult children, Jacob and Margaret, for encouraging and supporting my public service. It has been the honor of a lifetime to serve the citizens of West Des Moines with the outstanding team of elected and appointed officials and city employees. Will I miss it? Yes, but as I said in March, it's time for someone else to lead our community forward. Our city is in a very strong position

and its best days are still ahead! Thank you for your confidence and support, and your continued efforts to make West Des Moines one of the best communities in America.

Mayor Steven K. Gaer

# City launches website to help eligible residents enroll in the **Federal Emergency Broadband Benefit Program**

The City of West Des Moines has launched a website to help eligible residents find and enroll in discounted or free internet service through the Emergency Broadband Benefit (EBB), a temporary Federal Communications Commission (FCC) program to help households struggling to afford internet service.

The \$3.2 billion program provides eligible households a discount of up to:

- \$50 per month on wireless internet plans and a free phone
- OR \$50 per month on wired internet service to the home
- One-time discount of up to \$100 for a laptop, tablet or desktop computer. A small fee will be required.

A household is eligible if one member of the household meets at least one of the criteria below:

- Meets federal poverty income guidelines or participates in certain assistance programs, such as SNAP, Medicaid, or the FCC's Lifeline program;
- Attends a school that participates in the federal lunch program that provides no-cost meals to all students;
- Individuals approved to receive benefits under the free and reduced-price school lunch program or the school breakfast program in the 2019-2020 or 2020-2021 school year;

- Received a Federal Pell Grant during the current award year; or
- Experienced a substantial loss of income through job loss or furlough since February 29, 2020, and the household had a total income in 2020 at or below \$99,000 for single filers and \$198,000 for joint filers.

To help eligible residents find and enroll in EBB discounts, the City launched https://ebb. wdm.iowa.gov. Those who have a mobile or home internet provider can see a summary of the EBB discount being offered by their current provider. Those without a service provider can enter their home address to see a list of all EBB discounts in the area. Once an EBB service plan is selected, users will be taken to the internet service provider's website where they will need to complete the National Verifier Lifeline Application form and enroll.

The City and other community stakeholders have been working to ensure that all West Des Moines residents have access to comparable high-speed internet and have the necessary knowledge and skills to use available digital technologies as a means of improving their life circumstances. For more information, contact Christine Gordon at Christine.Gordon@wdm.iowa.gov.

## **MAYOR**



**KEY CITY STAFF** 

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**City Attorney** 

Richard J. Scieszinski

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**Greg Hudson** Second Ward Phone: (515) 518-0529 Greg.Hudson@wdm.iowa.gov



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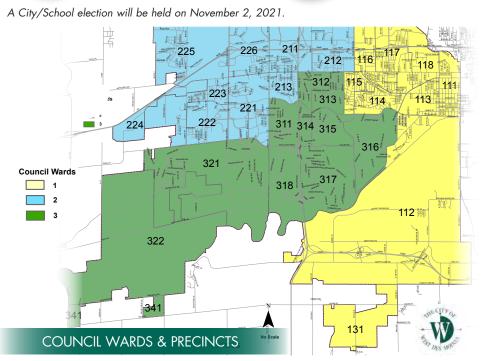


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Matthew McKinney
At-Large
Phone: (515) 208-0033
Matthew.McKinney@wdm.iowa.gov

(515) 222-3614



# BOARDS AND COMMISSIONS



# Bicycle Advisory Commission

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# Human Rights Commission

Shiamaa Aly Melinda Begenat H. Milton Cole-Duvall Chandlor Collins Lonnette Dafney Rich Salas Heather Schott

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Bill Solawetz
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# Library Board of Trustees

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# Park and Recreation Advisory Board

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The WDM magazine was produced by the City of West Des Moines, JM Impressions and Colorfx.

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Visit us on the web at www.wdm.iowa.gov

# Plan and Zoning Commission

Erica Andersen Andrew Conlin Chris Costa Kevin J. Crowley Maria Davis Jennifer Drake Scott Hatfield

## Public Arts Advisory Commission

Diane Boyd Ryan Crane Joshua Duden Rita Luther Jeff Phillips Brenda Sedlacek Amenda Tate

# Sister Cities Commission

Erika Cook Brian Crotty Johanna Langille Jeffrey Lipman Kannan Raghavan Jim Sandager Yangyidi Ye

# Water Board of Trustees

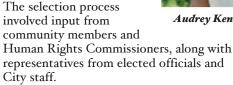
Scott Brennan Erin Sheriff Jody E. Smith Gretchen Tegeler Mary Thomsen

# FROM THE CITY MANAGER



It's been an amazing summer and fall for our City! Major projects and initiatives have blossomed and literally come to life for our community.

One key initiative I'm especially pleased to announce is that the City of West Des Moines has hired Audrey Kennis as our first DEI (Diversity, Equity and Inclusion) Director.



Audrey has extensive experience developing and leading initiatives to further the advancement of marginalized communities and creating more equitable policies. She has held several positions working with underrepresented populations and multi-cultural students within Iowa State University and other educational institutions.

She obtained her Graduate Certificate in Education for Social Justice, a Master's Degree in Education and is currently working towards a second Master's Degree in Community and Regional Planning.

We are thrilled to have her join our organization, and we look forward to sharing her work with you in future editions of this magazine. She will begin her employment with the City of West Des Moines on Monday, September 20, 2021.

We also held a ribbon-cutting ceremony for our new Public Services West facility, located at 8850 Grand Avenue. Although it was a long time coming (planning started in 1998), this \$32.5 million facility will allow us to handle all the growth anticipated to occur in West Des Moines for decades to come.

Smart planning also allowed the City to pay for the facility with road use tax funds distributed by the state of Iowa (and not

property tax dollars). Staff also successfully organized another well-attended Illumifest celebration on the City/ School campus. This year, the main attraction featured family friendly activities and performances at our new Jamie Hurd Amphitheater.



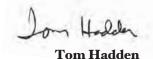
Audrey Kennis, DEI Director

In addition, the City sponsored our inaugural Raccoon River Rally with the WDM Chamber of Commerce on October 2. All the action took place at beautiful Raccoon River Park, and although the Boathouse was closed for the season, everyone enjoyed a wide variety of events including cardboard boat races, food trucks and live music.

On the very next day, we held our grand opening for the MidAmerican Energy Company RecPlex! This amazing facility will host all kinds of sports from hockey, basketball, volleyball, soccer, eSports and pickleball.

It's truly something you need to see to believe, so I invite you all to stop by and check out what's happening at 6500 Grand Avenue.

With exceptional support from our community and your elected leaders, West Des Moines is a wonderful place to live, work and play!



# EYE ON WDM WINNERS ANNOUNCED!

Thank you for entering this year's Eye on West Des Moines Photo Contest. The judging has been completed and the winners have been determined.

We will be offering this contest again next year, so keep shooting those pictures and send us your entries as you collect them!

For complete details and rules, interested photographers can call (515) 222-3441 or email Mark.Brewick@wdm.iowa.gov.

# **CATEGORY WINNERS**

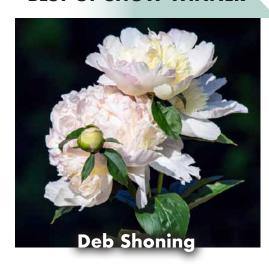
#### **LIVING - WILDLIFE**



#### **SEASONS IN WDM**



#### **BEST OF SHOW WINNER**



#### **LIVING - PLANTS**



#### **LIVING - ACTIVITIES/EVENTS**



# WINTER IN WEST DES MOINES

With an estimated population of over 68,000 (which doubles during the daytime), more than 860 street lane miles, which continue to increase each year, and high expectations from the motoring public, the City takes a serious approach to the problems associated with snow and ice control.

# **Priority of Snow Removal**

- 1. Major arterial streets
- 2. Collector streets
- 3. Residential streets

available 24/7.

4. Unimproved streets, alleys, public sidewalks, trails, and public parking lots

The City's responsibility is to conduct winter maintenance activities efficiently and safely.

# **Snow Emergency Parking Ban**

If there's snow, there is likely a PARKING BAN to accomplish the effective removal of snow.

If a prediction for snow or winter weather conditions exists, check the City's website at www. wdm.iowa.gov, call the **Snow Hotline at (515) 273-0766**, or check the City's Facebook or Twitter accounts to see if there is a Parking Ban in place! All are

Vehicles must be removed from all City streets, alleys and city-owned parking areas when a Snow Emergency Parking Ban is in effect. Vehicles parked in these areas are subject to being towed and/or a \$50 ticket. The parking ban is effective from its proclamation through 5:00 p.m. the following day, unless it is extended by an additional proclamation due to the length of the storm or large volume of snowfall.

**Now** is the perfect time to **make a plan** for when an Emergency Parking Ban is in place and parking is not allowed.

# We don't want to tow your car when it snows. You can be proactive!

When snow is forecast, park your car off the street. If you'll be gone during the winter months, don't leave your car on the street.

# "I saw a snowplow go down my street and thought I could park there now!"



Depending on storm and road conditions, plows may make additional passes down your street.

Please adhere to the expiration date and time from the Parking Ban to avoid a ticket or tow.

# A snow plow can't clean the street with a car or truck parked here!



\$50 Ticket and/or Tow

# If your vehicle is towed during a Parking Ban, follow these steps:

- Go to the Police Dept., 250 Mills Civic Pkwy (Open 24/7)
- Provide ID showing the vehicle is yours or you were the driver
- Ask for an impound release (no charge)
- Go to Roy's Towing, 155 S. 13th St., WDM
- Pay Roy's Towing fees (towing/storage) and pick up your vehicle.
- If a City ticket has been issued, you can either pay at City Hall (4200 Mills Civic Pkwy) or pay online:
  - On the City website, search 'Collections'
  - From the Collections page, select the 'Click Here' link to continue to Xpress Bill Pay
- Be proactive in the future by keeping vehicles off the street during winter weather.

# Pay Parking Ticket Online – Introducing Xpress Bill Pay

If you received a parking ticket because your car was parked on the street during a snow parking ban, you now have the option to pay that ticket online. Search for 'Collections' on the City website and from there, select the *Click Here* link to continue to Xpress Bill Pay. Then simply follow the prompts to pay your parking ticket online.



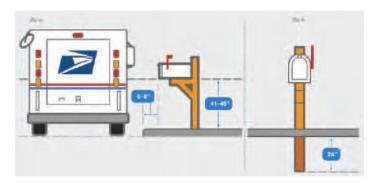
# **Citizen Responsibilities**

Snow can be beautiful, but it can also create hazards. When residents fail to clear sidewalks, falls and injuries may occur. Please place the snow on private property or adjacent to the right of way, not in the street.

City ordinances prohibit snow from being placed in the street. A helpful hint for residents – clear your sidewalk after the snowplows have completely finished plowing the street to the curb. If your sidewalk is icy, please apply sand or applicable deicer product to alleviate the hazard, reduce pedestrian injury, and minimize your exposure to liability.



Residents are required by City
Ordinance 7-1-5 to clear sidewalks
(including those crossing alleys,
crosswalks, and driveways) within
24 hours of the end of a storm.



#### **Mailboxes**

The City will plow the snow within the confines of curb line to curb line of a street. During extreme winter events there may be times when City plows cannot physically place the snow onto the public right-of-way (commonly referred to as the "parking"). During these times, the resident will be responsible for clearing the snow around their mailbox to ensure delivery of mail.

It is also the resident's responsibility to ensure that their mailbox is properly installed with the face of the door six to eight inches behind the face of the curb. The post should be at least 24" away from the face of the curb, and it should be adequately constructed to withstand snow clearing efforts but

meet "breakaway" criteria. In the fall of the year, staff conduct pre-season inspections of mailbox placement throughout the community. If a mailbox is found to be out of compliance, staff will notify the resident with a door hanger so the proper corrections can be made before winter begins. Damage to mailboxes that have not been repaired or brought into compliance will not be eligible for a claim adjustment.

# Frequently Asked Questions About Snow Control

How do we know when the Snow Emergency Parking Ban is in effect?

- Visit www.wdm.iowa.gov. Look for the News article and yellow banner at the very top of the page.
- Email & text message alerts!
- ✓ Sign up for e-mails at www.wdm. iowa.gov/eNotification.
- ✓ The City will be moving to a new vendor for text messages during snow parking bans, so please watch for updates on our website at www.wdm.iowa.gov.
- Follow the City of West Des Moines City Manager's Office on Facebook and Twitter @cityofwdm.
- Call the Snow Hotline at (515) 273-0766

# Q. Can't the City remove the snow they put in my driveway or sidewalks?

A. Unfortunately, we cannot. When you consider the vast number of driveways and sidewalks throughout the City, it would be

very expensive for taxpayers to provide this type of service. While we try our best to

minimize the amount of snow that is placed on these areas, it cannot always be avoided.

# Q. Who do I call to get the public to shovel their sidewalks?

A. City ordinance requires property owners to shovel their sidewalks within 24 hours after the end of a storm. You may report unshoveled walks to Community Compliance at (515) 222-3480.

Residents also may report unshoveled walks by using our new online service desk, SeeClickFix. Just look for the SeeClickFix logo at the bottom of our website.

# Q. May I shovel/plow/blow the snow from my sidewalk or driveway into the street?

A. No. City ordinance prohibits this activity due to the hazardous conditions it can create in the street. Violators may be fined. See City Code Sections 7-1-4 and 7-1-5.

# Q. I am elderly or disabled. Can the City help clean my sidewalk?

A. West Des Moines Human Services offers a Handyman program to remove snow for income qualified households in the event of 2 inches or more of snow. This service is available to WDM Elderly (70+) and medically disabled households who are at or below 185% of federal poverty guidelines and prioritized according to the following criteria:

- #1 low-income disabled households (medically verified), or
- #2 low-income elderly; Households must pre-qualify through an application process with Human Services staff requiring income and/ or medical documentation.

Staff hours for the Human Services snow removal program are Monday-Friday, 8:00 a.m. – 4:00 p.m. Because of the number of homes on our list, there is no guarantee that our one employee will have your snow removed within 24 hours.

For more information concerning this program, please contact WDM Human Services at (515) 222-3660.



# New Feature on City Website to Track Snowplow Progress

A very common question asked of the Public Services Department during winter storm events is "when will my street be plowed?" Information regarding this question will now be just a few clicks away on the City's website. Public Services will be rolling out a new snowplow tracking map that residents can use to see the status of the City's road network during a winter storm. Using Automatic Vehicle Location (AVL) technology, residents will be able to see on the City street system map what roadways have been plowed during a storm. The program will use various route colors to help identify when a roadway was last plowed.

The City of West Des Moines has established priorities for the various classifications of streets. Major arterial streets that must be kept open to provide a transportation system for emergency vehicle units will be our highest priority. Depending on storm conditions, crews may have the opportunity to start plowing some residential streets before the storm ends. Ongoing weather conditions and the number of vehicles obstructing plow maneuverability in the roadways have a major impact on the effectiveness of the operation. Also keep in mind that it takes several hours to complete the plowing of all City streets. In the case of a storm ending in the morning, it will probably be later in the day before crews will be able to complete the plowing of residential streets and other priorities. Once again, the major roadways in the City have priority and need to be plowed first.

# For More Information, Please Contact The City of West Des Moines:

**By phone:** Snow Hotline (515) 2730-SNO (273-0766)

 Public Services
 (515) 222-3480

 For Emergencies
 (515) 222-3321

 Human Services
 (515) 222-3660

 Sidewalk Violations
 (515) 222-3480

 $\textbf{iPhone or Android:} \ \ \text{To report concerns} \ \ - \ \ \text{SeeClickFix}$ 

Web: Sign up for email or text alerts

\*\*Facebook: "Like" the City of West Des Moines

**Twitter:** "Follow" the City of West Des Moines





# How can I help during a winter event?

Thanks for asking!

- ✔ Be sure your vehicle is off the street if it snows.
- ✔ While you're shoveling your sidewalk, dig out the fire hydrant!
- ✓ Volunteer (if you're able) to help others remove snow by contacting Human Services at (515) 222-3660.
- ✓ Give the snowplows plenty of room on the roadway.
- ✓ If you must venture out, check weather, road conditions and traffic.
- ✔ Relax and enjoy the beautiful winter scenery!

# WDM City Code

The following is the City's regulation on snow emergency parking bans which is being published in accordance with the City Code regulation:

#### 6-6-7: SNOW REMOVAL:

No person shall park, abandon, or leave unattended any vehicle on any public street, alley, or city owned off street parking area during any snow emergency proclaimed by the mayor, public works director, or their respective designees. A snow emergency parking ban shall continue from its proclamation through five o'clock (5:00) P.M. the following day. The mayor, public works director, or their respective designees may extend the duration of the parking ban if conditions require additional time to clear the snow and ice. Notice of an extension shall be posted in the same manner as a proclamation of snow emergency and shall contain the date and time the parking ban shall expire. Such a parking ban shall be of uniform application. The city shall publish information regarding the responsibilities of vehicle owners under this section in the fall and/or winter editions of the "WDM Magazine" distributed to city residents, as well as post such information on the city of West Des Moines website in the fall and/or winter of each year. When predictions or occurrences indicate the need, the mayor, public works director, or their respective designees, shall proclaim the snow emergency and direct the appropriate city employee to post said proclamation on the city of West Des Moines website and forward notice of the proclamation to at least two (2) radio and two (2) television stations that broadcast their signals into the city of West Des Moines. Such emergency may be extended or shortened as the emergency warrants or when conditions warrant. This section shall not be construed as suspending parking limitations or restrictions imposed by any other section of this title. In addition to enforcement of this section by police officers, code enforcement officials and public works employees have the authority to enforce the provisions of this section. The code enforcement officials and public works employees shall have the power to issue citation complaints for violations of this section and impound vehicles found in violation of this section as provided in subsections 6-6-15A and G of this chapter. (Ord. 1844, 10-5-2009)

West Des Moines City Code is available 24/7 on the City's website at www.wdm.iowa.gov.

# WE HAVE MOVED!



In case you haven't heard yet, **Public Services** offices are now located at the new Public Services West facility, 8850 Grand Avenue.

Hours of operations are 7:30 AM – 4:00 PM.

# **SeeClickFix**

A new online service desk called SeeClickFix is now available for residents to report non-emergency issues to the City, such as potholes, code violations or sidewalks that haven't been shoveled in the winter. This service replaces YourGOV, the previous service desk.

SeeClickFix is available for download on Android and iPhones. Requests also may be send via the City's website. Just look for the SeeClickFix logo at the bottom of the main page at www.wdm.iowa.gov.



With a little help from Frosty, Metro Waste Authority put together a list of things that make the naughty and nice list for your Curb It! cart.

#### Naughty (not recyclable):

- Wrapping paper or gift bags that are glittery, metallic, or shiny
- Tissue paper or tulle
- Ribbon or bows
- Plastic or Styrofoam packaging materials

Sparkly gift bags and metallic wrapping paper make a statement under your tree, but if they could talk, they would say, "you can't recycle me!"

## Nice (thumbs up for your Curb It! Cart):

- Gift bags that are not glittery, metallic, or shiny (just remove the handles)
- Wrapping paper that is not glittery, metallic, or shiny
- Cardboard or gift boxes
- Cards that aren't glittery, metallic, or shiny
- Envelopes

Remember, if it glitters, shimmers, or shines, you should throw it out. This goes for wrapping, cards, ribbons and bows.

From the Metro Waste Authority family to yours, happy holidays!



# CURBSIDE YARD WASTE COLLECTION Season Ends Nov. 27

Compost It! curbside yard waste collection will end for the season on November 27, 2021. The program accepts small twigs and branches,

leaves and lawn clippings, as well as any garden vegetation. Just avoid dirt, mulch, rocks, and food.







515.244.0021 www.WhereItShouldGo.com

#### TOO MANY RECYCLABLES? DROP THEM OFF!

Full Curb It! carts are happy Curb It! carts... until they aren't.

If your lid won't close from your mountain of recyclables, you risk not getting collected as expected.

That's why Metro Waste Authority offers free recycling drop-offs throughout the metro, so you can still recycle items even when your cart says, "no more!"

# Free up some space at a cardboard drop-off

If you have oversized boxes, or if online shopping has left you with more cardboard than your cart can fit, drop it off! Not only are Metro Waste Authority's drop-offs a convenient spot for you to ditch your cardboard, it's also better for the material when it's kept separate.

# Go above and beyond, keep your glass separate

Jars and bottles are accepted in your Curb It! cart, but glass that is kept separate from other recyclables has many more recycling possibilities. To encourage glass-only recycling, Metro Waste Authority offers free glass drop-offs around the metro! Glass recycled in the drop-

offs is made into cool items like fiberglass insulation, countertops, and brand-new glass containers.

When visiting a drop-off, be sure you place your glass inside the recycling container, since glass on the ground can become a safety hazard.

When you've got too much of everything Metro Waste Authority's mixed recycling drop-offs are perfect if you've got a little too much of everything. At these drop-off locations, you can bring anything you'd put in your normal recycling cart like aluminum and tin cans, plastic bottles with twist-off lids, mixed paper, and more!

Many recycling drop-offs around the metro are open 24/7, so you can get rid of your extra recyclables whenever the time is right for you!

Find a recycling drop-off location near you by visiting www.WhereItShouldGo.com/recyclingdropoff, or call 515.244.0021.



#### TURN USED MOTOR OIL INTO HEAT THIS WINTER

You can't put it in the trash or pour it down the drain, but you can help Metro Waste Authority heat one

of their buildings with your old motor oil!

During the cold winter months, Metro Hazardous Waste Drop-off in Bondurant stays warm with an Environmental Protection Agency (EPA) approved, used motor oil furnace.

To heat the building, the used motor oil is dumped into a trough, then filtered through a system of hoses to a 2,000 gallon tank. From there, it is pumped into the furnace that uses fans to circulate the heat throughout the building. This process keeps the warehouse toasty warm and reduces consumption of natural gas!

Metro Waste Authority staff appreciate the heat, so they'll take all the used motor oil you have for free! However, to go into the furnace, the motor oil cannot be mixed with any other liquids, not even water.

Used motor oil and other hazardous waste materials can be taken to the Metro Hazardous Waste Drop-Off in Bondurant or the Metro Northwest Transfer Station in Grimes (by appointment only). A variety of household hazardous waste can also be picked up just outside your door with houseside collection.

Find more information about hazardous waste services and view the list of accepted hazardous waste by visiting www.WhereItShouldGo.com/hhw, or call 515.244.0021.

# WDM PUBLIC ARTS

# 2021 Art on the Campus People's Choice Award Winner



"lowa Barn" by Clint Hansen

About the Artist: Clint Hansen is a senior art director at Grey Dog Media in West Des Moines. He enjoys working as

an art director where he can be creative and communicate visually. Hansen grew up in Audubon, IA, and graduated with a BFA in Graphic Design from Iowa State University. He lives in Urbandale where he, with his wife, raised three children. They are excited to soon be grandparents.



About "Iowa Barn": "Iowa Barn' celebrates the rapidly disappearing barns that are a part of our Iowa heritage. Created to look like stained glass, some panels show textures of printed seed corn and agricultural related ads and images I created in scratchboard. The sculpture was made using copper, steel, and plexiglass. A rooster sits proudly on top of a functioning weathervane on the barn roof."

You can learn more about **Clint Hansen** and his art at **www.hansengalleries.com**.

# **2021 WDMurals Best in Show Award Winner**

"Wildflower Wonderland" by Christine Hilbert



About the Artist: Christine Hilbert is a freelance artist and designer. Along with creating custom artwork for clients, she teaches watercolor, creates public art, and has written a children's book. Hilbert grew up in West Des Moines and graduated with a BFA in Fine Art from Iowa State University and Savannah College of Art and Design. She lives in Winterset where she is raising three children with her husband.

About "Wildflower Wonderland": "This mural is a love letter to my hometown. I grew up riding the Jordan Creek Trail as a kid and wanted to create something joyful and beautiful which brought the natural beauty of Iowa's wildflowers to a more urban setting."

You can learn more about **Christine Hilbert** and her art at **www.christinehilbert.com**.

# **HOW IS PUBLIC ART FUNDED?**

Annual funding for public art in West Des Moines comes from hotel-motel tax revenue dedicated by the City Council for that purpose. If you are interested in serving on the West Des Moines
Public Arts Advisory
Commission, please
contact the West Des Moines
City Clerk at 515-222-3603
to request an application.



Clocks will fall back to standard time again on Sunday, November 7, when daylight savings time ends. As you are changing your clocks, take a few minutes to change the batteries in your smoke alarms and carbon monoxide alarms. If you are unsure how to change your batteries, consult your user's manual for detailed instructions.

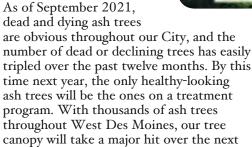
Keep in mind these tips regarding your alarms:

- Batteries should be replaced in alarms every year unless the alarms have sealed 10-year batteries.
- Test your alarms once a month by pushing and holding the test button.
- Replace your alarms if they are more than 10 years old.
- A smoke alarm should be on every level of your home, inside each bedroom, and outside sleeping areas.
- Carbon monoxide alarms should also be placed on every level of your home, and outside sleeping areas.

If there is a fire in your home, smoke spreads fast and you need working smoke alarms to give you time to get out. Smoke alarms that are properly installed and maintained play a vital role in reducing fire deaths and injuries.

# **URBAN FORESTRY UPDATE**

The phrase "what a difference a year makes" has been used many times by arborists when it comes to describing the devastating infestation level we're now experiencing as a result of the emerald ash borer (EAB).



To help restore some of our lost tree canopy, the City is committed to an aggressive tree

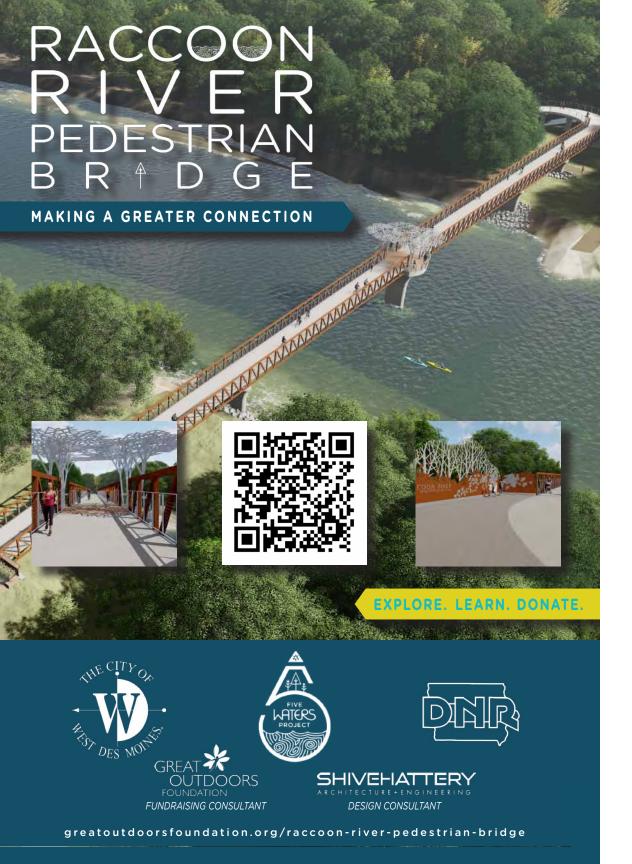


planting blitz over the next several years. City-owned properties, including parking strips along streets, will be assessed for their tree planting potential. Also, the popular Shade Crusade program will continue to provide residents with the opportunity to purchase high-quality landscapesized trees at a reduced price. Check the City's website for

details this spring.

Trees provide numerous benefits to their owners and the community. Proper care the first few years can eliminate several of the issues trees develop when little to no care is provided. As a rule, tree pruning is best performed from November to February when trees are dormant in Central Iowa. Get a child involved in helping you care for your trees because that will pay dividends for years to come.

couple of years.





# SUPPORTING QUALITY OF LIFE

# The West Des Moines Community Foundation (WDMCF)

was created in 2007 in order to make a positive impact in our community. To date, the Foundation has received and is managing over \$1 million from families, individuals, businesses, the City, and Polk and Dallas Counties for our various funds to support artistic, cultural, recreational, historic, social and natural resources.

# **Grant Submissions Reviewed Quarterly**

The Foundation serves as a catalyst for specific community projects and a champion for promoting quality of life within our city.

Non-profit organizations serving citizens in West Des Moines are eligible to submit a grant to the WDMCF. Grants are reviewed on a quarterly basis by the WDMCF Board of Directors, and awarded on a selective basis, according to established bylaws and policies.

# **Donations** (of any size) **Always Welcome**

Donations to the WDMCF are accepted through the Community Foundation of Greater Des Moines, which also administers and manages the five funds. No donation is too small.

#### **WDMCF** funds:

- General Pass-through Fund
- Special Interest Fund: Arts & Culture
- Special Interest Fund: Recreation & Trails
- Endowment Fund maximum of 5% of endowment funds are available on an annual basis
- Quality of Life Fund

Donating to the WDMCF is a wonderful way to give back to the community and will help to preserve and improve the quality of life in West Des Moines for generations to come.

#### **Questions:**

Contact Robert Palmer, WDMCF Board Chair, at contact@WDMCF.org.

#### **WDMCF Board of Directors:**

Mike Abbott Carole Chambers Tom Cox Wade Den Hartog John Marshall Matt McKinney Robert Palmer Brett Peterson Kathleen Till Stange Emily Whitmer Ex-Officio Members: Jamie Letzring, Deputy City Manager

Sally Ortgies, Director of Parks & Recreation



Donation to Can Play Sports.



#### **BECOME A WDMHS MEMBER TODAY**

THE WEST DES MOINES HISTORICAL SOCIETY IS A PRIVATELY FUNDED NONPROFIT INSTITUTION THAT RELIES ON THE GENEROSITY OF ITS FRIENDS AND SUPPORTERS. HELP US PRESERVE THE LEGACY OF WEST DES MOINES HISTORY THROUGH MEMBERSHIP.

515.225.1286 ↔ wdmhs.org





# The Iowa Files - A History Series



The Iowa Files, an educational history lecture series, returns in 2021/2022. This joint WDMHS-WDM Public

Library program is free and open to the public, thanks to the generosity of West Des Moines Historical Society members, the Iowa Arts Council, the EMC Insurance Foundation, and the Friends Foundation of the West Des Moines Library. Thanks to the generosity of our sponsors, all programs will be live-streamed, and videos will be close captioned.

Each program begins at 2:30 p.m. and runs for one hour in the Community Room of the West Des Moines Public Library, 4000 Mills Civic Parkway.

- November 21, 2021: Latino Lives in Valley Junction Presenter: Vince Valdez
- January 16, 2022: Doors to the Past: The History of Sherman Hill Presenter: Jack C. Porter
- February 20, 2022: A Story of Fort Des Moines: Charles Hamilton Houston Presenter: Jeff Kluever
- March 20, 2022: Tombstones & Tales of Woodland and Jordan Cemeteries Presenter: Kate Levasseur

# Pathway to History

The West Des Moines Historical Society is building a path from the past to the future, one brick at a time. You can give a timeless gift to our community by purchasing a personalized brick which will be incorporated into a lovely path from the historic Jordan House Museum to the gardens in the front yard. Bricks can be in honor or in memory of a loved one, celebrate a special event, or even send a fun message to the thousands of adults and children who visit the museum every year. The bricks are a special tribute and create a legacy celebrating history in West Des Moines. Bricks can be purchased at wdmhs.org.

Two sizes of bricks are available:

• 4×8 for \$50 • 8×8 for \$100





# WDM PUBLIC LIBRARY

Mission Statement: The West Des Moines Public Library enriches the quality of life of community residents by providing convenient, timely and equal access to information and ideas. The library is committed to offering engaging activities, opportunities for personal and professional growth, promoting the love of reading and learning while remaining responsive to the changing needs of the community.

# **Dear Library Users....**

By the time this goes to press, a new school year will be well underway and we hope you'll remember all of the resources that the library has to offer that can make a real academic difference in students' lives.

The "research databases" that can be found on the "Research & Learn" section of our website can be very useful, as well as being free for you and your family to use. The "A to Z" databases alone can be a great source for papers and projects in geography and social science. Don't feel stuck if you visit the library's website and have trouble figuring out how to find or use a resource; that's why we're here! Come and visit or give us a call and we'll do our best to turn you or your student from a user into a SUPER-USER.

> — Darryl Eschete & The WDM Library Staff wdmlibrary.org

# CALENDAR 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20

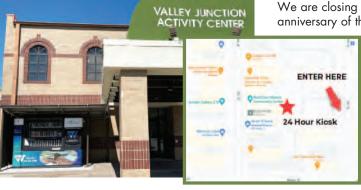
# **Upcoming Holiday Closures:**

The library will be CLOSED on the following days:

- Thursday, November 25, 2021
- Friday, November 26, 2021
- Thursday, December 23, 2021
- Friday, December 24, 2021
- Saturday, December 25, 2021
- Friday, December 31, 2021
- Saturday, January 1, 2022
- Monday, January 17, 2022

In addition, we close at 5 PM Wednesday, November 24.

# Valley Junction 24-Hour Library Kiosk



24-Hour Library Kiosk, 217 5th St, West Des Moines, IA 50265

Enter via the 4th St. parking lot.

We are closing in on the one-year anniversary of the self-service library kiosk

located behind the Valley Junction Activity Center. We were delighted to see the usage of the kiosk increase steadily over the first year as it became part of the Valley Junction community. The 235-item vending-style machine allows patrons to browse, select, check out and return library materials 24 hours a day. In order

to use the kiosk, you must have a West Des Moines Public Library card in good standing.

Visit us on the web at www.wdmlibrary.org

# **Book Buy Book Program**

Through the years the West Des Moines Public Library's collection has been built book by book. Now the challenge is to keep it current, up-to-date and a vital community resource – Book Buy Book.



We invite you to participate in our Book Buy Book program with a gift to the Library. Just a \$25 contribution provides your library with another resource!

**\$25** = 1 book **\$50** = 2 books **\$75** = 3 books

How to help:

- 1. Select a book category you'd like the library to purchase from (children's, young adult, adult, area of areatest need, etc.) and include it in your envelope.
- 2. Include a note stating who the book plate should be personalized to. (ie. donated by, in honor of, in memory of...)
- 3. Make your check payable to the West Des Moines Library and return it to the address below either in-person or by mail:

**West Des Moines Public Library** 

Attn: Susan Greenwood • 4000 Mills Civic Parkway • West Des Moines, IA 50265



# ONE PASS, MANY ADVENTURES

WDM and Cumming residents with a WDM card in good standing may check out passes to five local attractions: The Blank Park Zoo, Des Moine Children's Museum, Greater Des Moines Botanical Gardens, Reiman Gardens, and the Science Center of Iowa.





# SUPPORT PROGRAMS AND SERVICES WHEN YOU JOIN THE FRIENDS!

Our community library is fortunate to have the support of the Friends Foundation – a volunteer-based, non-profit organization. Each year, the Friends contribute \$12,000 to library programming for all ages. Friends Memberships also funded these special projects:

# Friends Memberships also funded these special projects:

- Teen Center Rotating Outreach Collection
  - Outreach Van Tale Trail
- Charging Stations iPads Artwork •
   Valley Junction Kiosk and More!

## ★ YOUR DONATION IS TAX DEDUCTIBLE! ★

Follow the Friends on Facebook & Instagram
@wdmlibraryfriends

#### **WDM Library Friends Foundation**

4000 Mills Civic Pkwy, WDM, IA 50265. 515.222.3407 wdmlibrary.org/about/friends-foundation





Hoopla Digital offers access to eBooks, Audiobooks, Comics, Movies, TV, and Musicall streaming 24/7 (no holds). WDM and Cumming residents with a WDM library card in good standing may use this service. Go to their website or download their mobile app. Create a free login using your WDM Library card number and start downloading. Use the Help function inside the app to contact Hoopla for immediate assistance OR email WDM library staff. hoopladigital.com|library@wdm.iowa.gov



Kanopy is a video streaming service that provides instant access to thousands of critically acclaimed movies, documentaries, and Kids favorites. They partner with studios like A24, The Criterion Collection, PBS, and more to bring your library access to thoughtful entertainment. Available to WDM and Cumming residents with a valid WDM Library Card, you get 10 credits per month. Many titles (especially Kanopy Kids content) are credit-free to stream as often as you like. Stream Kanopy on any of your favorite devices: desktop, mobile and tablet apps for iPhone and Android, as well as SmartTV apps like Roku, Apple TV, and Fire Stick.

www.wdmlibrary.kanopy.com

# ADULT programming



We are happy to welcome patrons back to in-person programming! We are offering dropin Creative Space craft programs, Dungeons and Dragons, Tech One-on-One, educational seminars and much more.

If you are interested in a book group, we have several to offer, including:

- Club Read meets on the 2nd Monday of the month from 7:00-9:00 pm
- Book Club Social: Zoom Edition meets virtually on the 4th Monday of the month from 7:00-9:00 pm
- YA Not Club Read meets on the 2nd Thursday of each month, 6:30-8:00pm

We are looking forward to some great programs and invite you to learn more by visiting our Events calendar for more information. wdmlibrary.org/events

# WDM Library services

All services are free unless otherwise indicated.

GET A LIBRARY CARD... IT'S FREE! Present valid ID with proof of current address. For more information, please visit wdmlibrary.org/library-account/get-a-card WDMLIBRARY.ORG

Access the library 24/7 from the comfort of home.

- CHECK YOUR ACCOUNT BY PHONE **OR ONLINE**
- 515-225-1576 wdmlibrary.org/my-account
- FIND REFERENCE TOOLS AND DATABASES In the library and/or from home. 515-222-3403 ■ wdmlibrary.org/databases
- ACCESS E-BOOKS, AUDIOBOOKS, **VIDEO & MORE**
- 515-222-3403 wdmlibrary.org/digitallibrary
- RESERVE PUBLIC MEETING & STUDY ROOMS 515-222-3400 ■ wdmlibrary.org/reserveroom
- REQUEST HOMEBOUND DELIVERY 515-222-3400 wdmlibrary.org/services/outreach
- VOLUNTEER 515-222-3400 wdmlibrary.org/about/volunteer

# **Download** Library Mobile App

To find the West Des Moines Public Library app, search for "WDM

Library" or "West Des Moines Public Library" in your app store. The app is free. To use functions like holds and account info, you will need your WDM Library Card and pin. App users can search the library catalog and reserve items,



add one or more library accounts to their device, view and register for events at the library, access online learning resources, and much more! Download on iOS and Android.

# FOLLOW US ON SOCIAL MEDIA!









# **WDM Human Services**

"The V of the Community"

WDM Human Services provides necessary assistance to qualifying low-income, elderly and disabled individuals in our service area. Basic needs such as food, clothing, and emergency financial assistance are a few of the critical services provided. To learn more, visit our website or call 515-222-3660.

#### **EMERGENCY FINANCIAL ASSISTANCE**

Financial assistance available to eligible West Des Moines residents who are facing an eviction or utility disconnection. Outreach staff assess the situation and work to ensure the needs of the household are being met.

#### **DMARC FOOD PANTRY**

Food and personals available on a monthly

#### **ANYTIME ITEMS PROGRAM**

Bakery goods, fruits, vegetables and more available weekdays at 8:30 am, rain or shine. Distribution is outdoors at the SE corner of our building.

#### **CLOTHING CLOSET**

Free clothing, shoes and housewares for qualifying households.

#### **ENERGY ASSISTANCE**

LIHEAP (Low-Income Home Energy Assistance Program) provides a one-time annual credit on energy bills for eligible households. Program runs from October through April.

#### HANDYMAN SERVICES

Mowing and snow removal services available to income-eligible WDM senior and disabled residents.

#### FREE MEDICAL CLINIC

Basic medical care and management of chronic medical conditions to uninsured or under-insured individuals: all on-site services provided free of charge. The clinic is a member of Free Clinics of Iowa, the largest network of free medical clinics in the state of Iowa and a donor-supported, not-for-profit organization.

#### **HOLIDAY ASSISTANCE**

Variety of programs available to WDM residents to help alleviate the financial burden of the holiday season for qualifying households.

#### SKILL DEVELOPMENT CLASSES

English Language Learner (ELL) classes offered from September through May. Financial Coaching Services also available.

#### YOUTH RECREATION **ASSISTANCE**

Financial assistance to WDM youth participating in activities offered through WDM Parks & Rec. Annual school supply distribution in August.

Please visit our website for a full listing of available programs as well as income and service area guidelines for each program: www.wdm.iowa.gov/HumanServices

# **Partner with WDM Human Services** to help our neighbors in need!

# WDM Human Services Current Needs

# **Personal Pantry**

Each month WDM Human Services assists approximately 375 low-income households with personal care products. We need your help to meet the needs in our community. The following items are needed on an on-going basis:

- Laundry detergent
- Shampoo and Conditioner
- Deodorant
- Feminine hygiene products
- Toilet Paper
- Toothbrushes and toothpaste
- Diapers (esp. larger sizes)
- Soap



## **Clothing Closet**

Our clothing closet is in need of new or gently used, children's, teen, and adult clothing and shoes for the current season. We also need towels, sheets, blankets, toys and small household items. Clothing Closet donations are accepted Monday through Friday, 8:30 am - 3 pm, at 139 6th Street in West Des Moines. Donation receipts are available.

# **Volunteer Today!**

Volunteers are needed in the Clothing Closet, Food Pantry and for ELL classes at West Des Moines Human Services. Opportunities are available Monday through Friday between 8:30 am and 3:00 pm. Convenient location in Valley Junction neighborhood. Must be 14 years or older. To learn more, please contact Mindy Hotovec at (515) 222-3663 or visit www.wdm.iowa.gov/HumanServices.

# **NEW!** Financial Coaching

West Des Moines Human Services is now offering financial coaching services at their office. A financial counselor from the Polk County Financial Empowerment Center is available twice a month on Tuesdays to provide in-person counseling at no cost. One-toone remote financial counseling is also available. If you are looking to talk to someone about your finances, this is a great educational opportunity! To schedule an appointment, go to https://www.empowermonev.org/book.

# Sunday Supper In Our Town

# RAISES OVER \$40,000

# To help low-income, elderly and disabled residents

West Des Moines Human Services held its 11th annual "Sunday Supper In Our Town" fundraising event at Flemings Prime Steakhouse & Wine Bar on September 26, 2021. More than 100 guests attended the dinner benefiting low-income, elderly and disabled residents in the western suburbs. Proceeds benefit the programs of West Des Moines Human Services. It was a wonderful evening of giving back to the community!

# THANK YOU TO **OUR SPONSORS...**

\$2,500

Ahlers & Cooney, P.C. Collins Aerospace DCL Partners LLC R&R Realty Group Foundation

\$2,000

Elaine & Brian Gifford

\$500

Amy Beattie Farmers Mutual Hail Ins. Co. GIVE Boutique Jo & Dale Helling Iowa Ortho Joseph's Jewelers Joel & Chris Magruder Rick & Karen Riley Russ & Alana Trimble Bill & Wendy Solawetz Wright Outdoor Solutions

\$1,000

Athene Sam & Mary Bernabe First National Bank Foth Steve & Sally Gaer Joe & Betsy Happe HDR Inc. Althea Holcomb HR Green, Inc. Northwest Bank Jim & Louisa Sandager True North Companies West Bank Susan Wright

# Special thanks to:

JM Impressions ADi Group

# **WDM Human Services** "The ♥ of the Community"

# Help Your Neighbors In Need

he holidays are just around the corner and you are invited to add one or more families to your holiday list by participating in West Des Moines Human Services' holiday assistance programs.

West Des Moines Human Services is a non-profit organization that provides assistance to low-income, elderly and disabled individuals in our service area. Many of our community members are surviving on very limited incomes and struggle to afford even the most basic of necessities. The holiday season can be particularly difficult for these individuals and families.

Please consider partnering with us to assist these struggling members of our community. Gifts can be delivered directly to a family, or you may deliver your gifts to West Des Moines Human Services. The following opportunities are available:

# **Thanksgiving**

Sponsors are needed to provide grocery gift cards.

## Adopt-A-Family Program

Sponsors are matched with a WDM family in need and asked to provide gifts for the children in the household. A "wish list" for the family will be provided consisting of names, ages, genders and gift ideas for the children in the household. Sponsors may deliver the gifts directly to their "adopted" family or to WDM Human Services.

#### **Giftland** (formerly Toyland)

This program provides toys/gifts for kids who are not sponsored through the Adopt-A-Family program. Giftland will take place on December 15th

at WDM Human Services. Donations of new, unwrapped toys/gifts and gift cards are needed for this event.

#### **Monetary Gifts** and Gift Cards

Monetary donations and grocery gift cards are also appreciated as this allows us to assist families during the holidays and

throughout the year.

If you know of other individuals or organizations who may wish to participate, please share this information. We have many families and children who need assistance, and adopting a family is a wonderful tradition during the holidays. Please call (515) 222-3663 for more information or visit our website at www.wdm.iowa.gov/HumanServices.

If you are interested in providing assistance, please complete the Holiday Sponsor Form by December 10th (November 12th for Thanksgiving) and send to:

**West Des Moines Human Services ATTN: Mindy Hotovec** 139 6th Street, P.O. Box 65320 West Des Moines, Iowa 50265 Melinda.Hotovec@wdm.iowa.gov

# **HOLIDAY SPONSOR FORM**

Contact Name	Organization	n (if applicable)
treet Address	City, State, Z	Zip
elephone Number	E-mail Addre	ess
☐ I will deliver directly to the I will deliver to WDM Hu	-	Have you been a sponsor in the past?
would like to participate in the ease check the program(s) and fill in the requ		day assistance programs
Food Card:		
Purchase a <b>food card</b> from a local groce (\$25 increment(s) please) I will provide food card(s).		(holiday)
(\$25 increment(s) please)		
(\$25 increment(s) please) I will provide food card(s).	ed to <b>provide gifts fo</b> at least two to three gift also provide a food basl from a local grocery pro	or the children living in the ts per child. Of course, you may proket for the family consisting of the grovider.)
(\$25 increment(s) please) I will provide food card(s).  Adopt-A-Family Holiday Program:  Minimum Requirements: Sponsors are ask household up to age 18 consisting of if you desire. (Optional: Sponsors may a needed for a holiday meal or a food card I want to adopt family(s). Maximum	ed to <b>provide gifts fo</b> at least two to three gift also provide a food basl from a local grocery pro	or the children living in the ts per child. Of course, you may proket for the family consisting of the grovider.)
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(\$25 increment(s) please) I will provide food card(s).  Adopt-A-Family Holiday Program:  Minimum Requirements: Sponsors are ask household up to age 18 consisting of if you desire. (Optional: Sponsors may a needed for a holiday meal or a food card I want to adopt family(s). Maximum Special Preferences: (ie, specific ages)	ed to <b>provide gifts fo</b> at least two to three gift also provide a food basl from a local grocery pro m size of family(s):  s/gifts to WDM Hum	or the children living in the ts per child. Of course, you may proket for the family consisting of the grovider.)

**WDM Human Services • Attention: Mindy Hotovec** 139 6th Street, P.O. Box 65320, West Des Moines, IA 50265 Melinda.Hotovec@wdm.iowa.gov • (515) 222-3663

(Deadlines: Thanksgiving – 11/12, Christmas – 12/10)

WINTER | SPRING 2022

# WDM Parks & Recreation PROGRAM GUIDE



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	Pg. 2	Policies	Pg. 25-29	Adult Programs
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	Pg. 11-15	RecPlex Programs	Pg. 31	Registration Form
	Pg. 16-18	Family Programs	Pg. 32	<b>Annual Permits</b>
5	Pg. 19-24	Youth Programs	_	

# **RECREATION POLICIES**

Please call the Administrative Office at 515.222.3444, M-F, 8am-5pm to request a refund.

- 1. Full refunds will be given if the request is submitted no later than 7 days prior to the program start date.
- Refund requests submitted less than 7 days before the start date will be charged a \$10 withdrawal fee.
- Requests for refunds submitted after the event start date or completion of the program will not be considered.
- 4. Please allow 2-3 weeks to process a check refund for payments originally made by cash or check. No cash refunds will be given.
- Payments made by credit/debit card will be refunded back to the original credit debit card
- The Recreation Program Refund Policy does not apply to travel programs or adult sport leagues.
- 7. Refunds for medical situations will be considered on a case by case basis.

We reserve the right to cancel a program or activity that does not meet the minimum number of participants necessary to offer the program.

Fee discounts are available for WDM residents meeting assistance guidelines. Contact WDM Human Services at 515.222.3660.

A fee of \$5 will be charged for each registration change made after participants are enrolled in the program.

It is the responsibility of the individual with a disability requiring accommodations to inform the Parks and Recreation Department at least 48 hours in advance.

The Parks & Recreation Department will not tolerate bullying\* in any program or activity, and staff will do all they reasonably can to create a safe space for participants, regardless of an individual's actual or perceived age, color, creed/denomination, national origin, race, religion, marital status, sex, sexual orientation, gender identity, physical attributes/appearance, physical or mental ability or disability, ancestry, political belief, socioeconomic status, or familial status.

# **FACILITIES**

Administrative Office at WDM City Hall	4200 Mills Civic Parkway	515.222.3444
Crossroads Park Tennis Courts*	5205 Ashworth Road	515.222.3444
Holiday Aquatic Center*	1701 Railroad Avenue	515.273.0700
Holiday Park Baseball Complex*	1701 Railroad Avenue	515.222.3454
Jamie Hurd Amphitheater*	4100 Mills Civic Parkway	515.222.3444
Jordan Cemetery	2950 Fuller Road	515.222.3444
MidAmerican Energy Company RecPlex	<sup>k</sup> 6500 Grand Avenue	515.440.4820
Raccoon River Park Archery Facility	2500 Grand Avenue	515.222.3424
Raccoon River Park Boathouse	2500 Grand Avenue	515.440.4787
Raccoon River Park Dog Park	2500 Grand Avenue	515.222.3424
Raccoon River Park Nature Lodge*	2500 Grand Avenue	515.222.3424
Raccoon River Park Softball Complex*	2500 Grand Avenue	515.222.3454
Valley Junction Activity Center*	217 5th Street	515.222.3440
Valley View Aquatic Center*	255 81st Street	515.273.0700
Valley View Park Fields*	225 88th Street	515.222.3444

<sup>\*</sup>Rentable Facility

# RENTABLE SHELTERS

Reservations Begin
January 3

Shelter Rental Season
Apr. 15 - Oct. 15

Rental Rate
4 Hr Min @\$10/Hr

American Legion Park Shelter 301 Vine Street
Brookview Park Shelter 400 81st Street

Crossroads Park Shelter 5205 Ashworth Road

Fairmeadows Park Shelter 543 22nd Street

Pearson Park Shelter 1256 19th Street

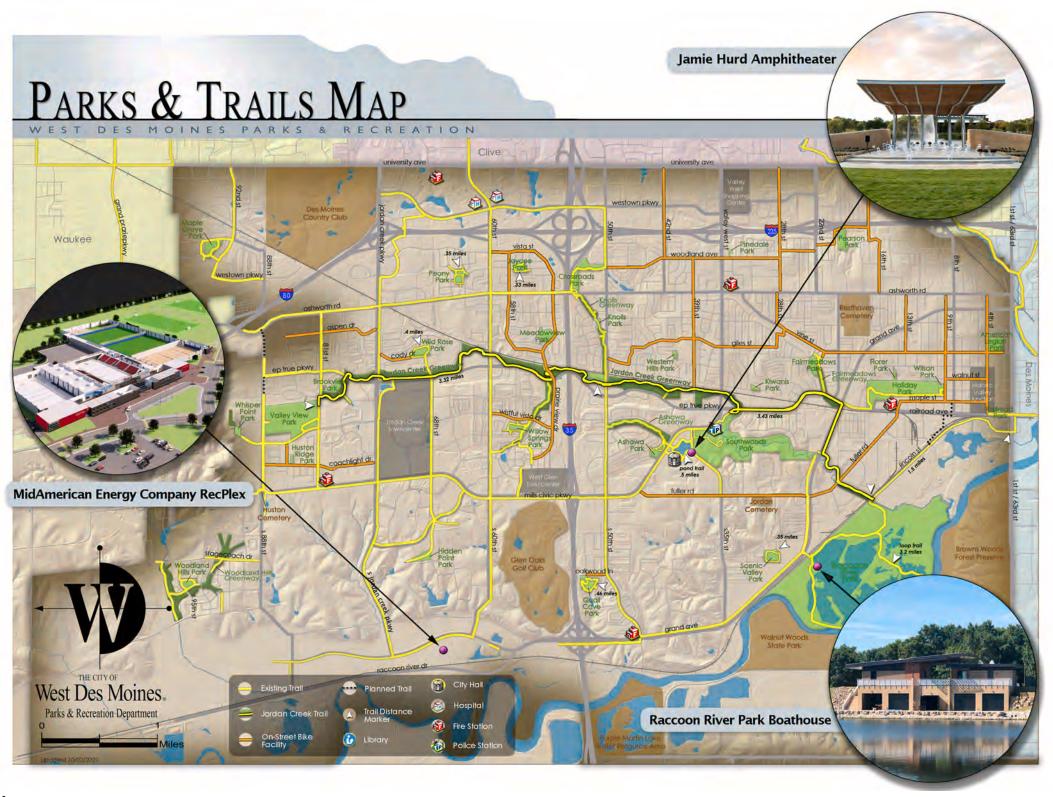
Raccoon River Park Shelters 2500 Grand Avenue

Valley View Park Shelter 225 88th Street

Call 515.222.3444 to Reserve Shelters or Reserve Online at www.wdm.iowa.gov/ShelterRental

02

<sup>\*</sup> For the purposes of this statement, bullying is defined as the unwanted, aggressive use of physical, social or mental/intellectual power to control, harm or humiliate another person in a repetitive or pervasive manner.



# Raccoon River Park Nature Lodge

The Nature Lodge, located in Raccoon River Park, offers a unique rental space in a natural setting. The building sits along the northwest shore of Blue Heron Lake and provides a place to get away from the demands of city life to slow down and relax. Whether you are planning a company retreat or a special wedding reception, this quaint location provides you with all the convenience of modern living with an elegant, yet rustic appearance.







LAKEVIEW ROOM*	1/3	2/3	Full
EVENINGS/WKNDS	\$30/Hr.	\$60/Hr.	\$90/Hr.
WEEKDAYS (8am-5pm)	\$20/Hr.	\$40/Hr.	\$60/Hr.

<sup>\*</sup>Sun-Fri 4 hr. minimum; Sat 10 hr. minimum (Apr-Oct); Sat 5 hr. minimum (Nov-Mar)

# Valley Junction Activity Center

Looking for the perfect place for that birthday party, family reunion or organization meeting? The Valley Junction Activity Center, located in the heart of Valley Junction, is just the place for you! The facility offers a wide variety of meeting room spaces as well as two dining rooms available for public rental. The Grand Ballroom located on the second floor of the building provides an excellent space for wedding receptions and large dinner gatherings for up to 200 people.







ACTIVITY CENTER	Ballroom	Dining Room	Vets Room
EVENINGS/WKNDS	\$80/Hr.	\$30/Hr.	\$20/Hr.
WEEKDAYS (8am-5pm)	\$80/Hr.	\$20/Hr.	\$14/Hr.

# Raccoon River Park Dog Park

Need a place to let your dog run off some excess energy? Dogs of all shapes and sizes enjoy romping through the 10 acre fenced play area of the Raccoon River Park Dog Park. The park features areas for both large and small dogs and is a great place to meet other dog lovers and enjoy each others' pets.

DOG PARK PERMITS	YEARLY	DAILY
RESIDENT	\$15	\$5*
NON-RESIDENT	\$40	\$5*

<sup>\*</sup>Available for purchase online

All dogs residing in the City of West Des Moines are required by law to have a City Pet License in order to purchase a Raccoon River Dog Park Annual Permit. Users are required to purchase a Dog Park Permit to utilize the facility. Both yearly permits (calendar year) and daily permits are sold at the following locations:

Administrative Office at WDM City Hall 4200 Mills Civic Parkway 515.222.3444

**Raccoon River Park Nature Lodge** 

2500 Grand Avenue

515.222.3424

For more info visit www.wdm.iowa.gov/DogPark

# Raccoon River Park Archery Facility

2500 Grand Avenue



The Archery Facility is the first of its kind in Iowa and includes the following features:

Enclosure walls/fencing

- Overhead 'arrow curtains'

- Shelter over shooting area

- Staging area

· 12 shooting lanes

- Targets up to 40 yards distance

Users are required to purchase an Archery Permit to utilize the facility. Both yearly permits (calendar year) and daily permits are sold at the following prices and locations:

ARCHERY PERMITS	YEARLY RES.	YEARLY N-RES.	DAILY
ADULT	\$20	\$40	\$5*
YOUTH (under 16)	\$10	\$20	\$5*

<sup>\*</sup>Available for purchase online

Administrative Office at WDM City Hall 4200 Mills Civic Parkway 515.222.3444

**Raccoon River Park Nature Lodge** 

2500 Grand Avenue

515.222.3424

# **Raccoon River Park Softball Complex**

2500 Grand Avenue

515.222.3454

Raccoon River Park Softball Complex is host to league and tournament players as well as rentals by private groups sponsoring youth and adult tournaments. This professionally maintained complex has hosted many state, regional, and national tournaments along with a full slate of leagues for local softball players. Community use of this facility is welcomed when not in use by leagues.

# SCOREBOARD SPONSORS







AVAILABILITY	FRI PM	SAT	SUN	WKDYS
APR-OCT	5pm-	8am-	8am-	8am-
	10:15pm	10:15pm	4pm	4pm



FIELD RENTALS	ADULT	YOUTH	YOUTH (Fall)
TOURNAMENTS	\$10-15/Game	\$30/Game	\$20/Game
PUBLIC HOURLY	\$30/Hr./Field (f	ield light fees	included)

# Jordan Cemetery

2950 Fuller Road

515.222.344

Historic Jordan Cemetery was founded by one of Polk County's earliest settlers, James C. Jordan, who arrived in Polk County in 1846 and homesteaded in the area of the cemetery. Grave markers in the cemetery indicate that one of the first burials occurred in 1855 when Melinda Jordan, James C. Jordan's first wife, died. Jordan, described as "one of the leading farmers of interior lowa", served as a state senator and state representative. Records show that Jordan deeded the cemetery land to a cemetery association to administer. In 1920 the association voted to ask Valley Junction, as West Des Moines then was called, to provide funds to help maintain the cemetery. The cemetery is now managed by the City of West Des Moines Parks & Recreation Department. Monuments in the cemetery contain the names of members of some of the West Des Moines area's earliest and most prominent residents. Burial plots are available for purchase in the newer western part of the cemetery.







# **Raccoon River Park Boathouse**

2500 Grand Avenue

515.222.3424





Open Memorial Day through Labor Day www.wdm.iowa.gov/Boathouse

# **Jamie Hurd Amphitheater**

4100 Mills Civic Parkway

15.222.3444





Open April 15-October 31
Rentals taken beginning January 1
www.wdm.iowa.gov/JHA



Sponsored by



5:30pm

# Monday, November 29

Join us at the Jamie Hurd Amphitheater to kick off the winter season with refreshments and the lighting of the Mayor's holiday tree.

# **Five Waters Project**

## **Jamie Hurd Amphitheater**

Bringing people together to share inspiring musical performances and creative showcases, the Jamie Hurd Amphitheater serves as our cultural center, nestled between the neighborhood pond and rolling green hills. The Jamie Hurd Amphitheater opened in September of 2020 and hosted over 14,000 guests in its first full season.

#### **Raccoon River Park Boathouse**

Offering visitors more ways to explore Blue Heron Lake, the state-of-the-art boathouse with restrooms offers boat rentals, including canoes, kayaks, paddleboats, standup paddleboards and more. The boathouse also serves as a river trail and land trail hub and offers additional parking for easy access to the water. The Boathouse opened in July of 2020, and had more than 6,500 boat rentals in its first full season in 2021.

#### Raccoon River Pedestrian Bridges & Great Western Trail Connection

Spanning the beautiful Raccoon River, these bridges will serve as seamless connections for cyclists and pedestrians from Raccoon River Park to Walnut Woods State Park, Purple Martin Water Resource Area, Hidden Valley Soccer Complex, and dozens of miles of green trails. A capital fundraising campaign was kicked off in September of 2021 for the bridge to connect Raccoon River Park and Walnut Woods State Park.

## **Marathon Loop**

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Completing a 26.2 mile trail connecting Valley View Park, Southwoods Park, Raccoon River Park and future parks, the Marathon Loop allows cyclists, walkers, runners, and visitors of all ages and abilities to embrace the outdoors. This nature-friendly project also works to protect wildlife and preserve land for future generations. And the best news is - it's already 48% complete!

## **Raccoon River Greenway**

Protecting land and wildlife while providing additional river access for paddlers on the lowa Confluence Water Trails (ICON), the greenway will also enable camping close to home. As if that wasn't enough, this project will allow exploration of the tree canopy - a whole new way to discover nature. Through a donation and grants, 34 acres were added to the Raccoon River Greenway in 2020.

# Friends of WDM Parks & Recreation

# Supporting and Promoting WDM Parks, Open Spaces, and Recreational Programs Join Us Today!

- Help us enhance the quality of life in West Des Moines through park and recreation projects that bring a more full and joyful life.
- Help us preserve and protect land and wildlife in West Des Moines to ensure future generations' happiness and wellbeing.
- Help us improve West Des Moines parks so organizations and businesses can better recruit and retain qualified employees.

Basic Membership - \$35/year

Website: www.wdm.iowa.gov/FriendsofWDMPR Email: FriendsofWDMParks@gmail.com

# MidAmerican Energy Company RecPlex

6500 Grand Avenue

515 440 4820



This world-class facility offers a variety of different spaces, from ice, turf, and hardcourt spaces to multipurpose rooms, convertible convention space, and more. For more information visit www.TheRecPlex.com.

MULTIPURPOSE ROOMS	1/3	2/3	Full
<b>Kum &amp; Go Community</b>	\$45/Hr.	\$90/Hr.	\$135/Hr.
Overlook		\$35/Hr.	
Activities		\$25/Hr.	



Adaptive recreation opportunities are available at the RecPlex through Can Play. For more information visit **www.canplaysports.org.** 

# **Family Fun Day**

NEW

GreenState CREDIT UNION

Join us for our first Family Fun Day sponsored by GreenState Credit Union. This FREE event will

feature open play on the turf, games in the Esports area, and some fun arts & crafts. Delicious food and beverages from the RP Grill will be available for purchase as well!

ID #24492

1/9

Su, 3-5pm

ALL

FREE

# **Parents' Night Out**

PAPPY NEW YEAR 2022

Join us for a very special version of Parents' Night Out to close out the year 2021! These extended hours will give parents the opportunity to take a little more time to close out the year while their kids are having the time of their life with us. We will have an early balloon drop, fun NYE themed activities and crafts, glow in the dark dance party, open play time, snacks, and, of course, a pizza party.

\$15/child

ID #22479

12/31

Sa, 5-8pm

F, 4-10pm

5-12

\$30

Parents can enjoy a night out on the town, a relaxing evening in, or whatever it is you'd like to do while your kids have a blast with us. Each Parents' Night Out will have a fun theme, arts & crafts, healthy activities, and a pizza party!

ID #22329 12	2/4	ID #24027	1/8	ID #24029	2/12	ID #24031	3/5
ID #22330 12	:/18	ID #24028	1/22	ID #24030	2/26	ID #24032	3/19

5-12

# School's Out! All Sports Day Camp

School may be out for the day, but we're not. Please join us for a fun-filled day with sports, arts & crafts, snacks, lunch, movies, and more. Every camp is guided by our recreation staff who are trained to encourage participation, good sportsmanship, and most of all, FUN. This is the type of day camp that you will NOT want to miss!

> 8am-5pm 5-12 \$50/child

ID #22536 F, 11/26 ID #22362 Th, 12/23 ID #24023 M, 1/3 ID #24024 M, 1/17 ID #24025 F, 2/18 ID #24026 F, 3/11



# **Volleyball Fundamentals Camp**

NEW

Join us this winter for our Volleyball Fundamentals Camp. This co-ed camp is designed for beginners. This 5-week, 1-hour long camp will focus on developing and working on fundamentals for 45 minutes and leave 15 minutes for scrimmage play. Each player is responsible for bringing their own ball and bottle of water.

ID #24299 \$75 1/24-2/28 M, 5:30-6:30pm 5-8 ID #24300 1/24-2/28 M, 6:30-7:30pm 9-13 \$75



# **Little Hoopers Basketball League**

**NEW** 

Little Hoopers is a co-ed basketball league designed for children four years through first grade. Teams will practice 15-20 minutes followed by a game each week. Participants will be taught the basic fundamentals of basketball while learning the importance of teamwork and sportsmanship.

\*Volunteer coaches are needed for these teams. If you are interested in coaching, please send an email to brett.slaby@wdm.iowa.gov.

4 Years - PreK	ID #23106	1/4-1/25	T, 5:30-6:30pm	4-5	\$30
	ID #24034	2/8-3/1	T, 5:30-6:30pm	4-5	\$30
Kinder 1st Grade	ID #23107	1/4-1/25	T, 6:30-7:30pm	6-7	\$30
	ID #24039	2/8-3/1	T, 6:30-7:30pm	6-7	\$30

# **Court Time Basketball**

**NEW** 

Led by Grand View University's Men's Basketball Head Coach Schaefer



# **Holiday Basketball Camp**

This camp is designed to emphasize fundamental play. A strong emphasis on ball handling is worked on each day. In addition, we expose campers to the following fundamentals during the six-hour camp: passing, shooting, individual moves, offensive concepts, and defensive concepts. 5-on-5, 4-on-4, and 3-on-3 games are also offered.

12/27-12/28 M,T, 1-4pm ID #22632 \$100

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444



Please note that registration is for each GROUP of up to 4. Only one person from your team should register. There will be prizes for the top two teams. Secure your team's spot today!

W, 7-9pm

16+ FREE

Parks & Rec

ID #24304 1/23

**Star Wars** ID #24532 1/12

ID #24537 2/23

**Harry Potter** ID #24538 3/23



# **Super Smash Bros Ultimate Tournament**

Our amateur Super Smash Bros Ultimate Tournament is the perfect way to work on that wavedash, make new friends in the local Smash community, and compete. Prizes are awarded to the top two players and is played in a double-elimination format.

Su, 1-4pm

\$20

ID #24303 2/20

ID #24305 3/27

# **Fortnite Friday League**

**NEW** 

Compete each week and show off your skills in our Fortnite Friday League. Players will drop in as a duo but compete separately for the most eliminations. Each week will consist of 2 rounds of games, with a best 2 out of 3 format. The league will consist of 7 weeks of regular season play and an end-of-season double elimination tournament.

ID #24072	1/7-2/25	F, 4-7pm	8-12	\$30
ID #24073	1/7-2/25	F, 7-10pm	13+	\$30
ID #24074	3/4-5/6	F, 4-7pm	8-12	\$30
ID #24075	3/4-5/6	F. 7-10pm	13+	\$30

# **Rocket League Screamer Saturdays**

**NEW** 

Come join our inaugural Rocket League Screamer Saturdays! This 8-week league will take place in person at the RecPlex played on our state-of-the-art gaming PC's. This 2x2 league will include 3 rounds of games each week, a best 2 out of 3 format with 5-minute matches, and seven weeks of regular play with

a double elimination end-of-season tournament. Prizes will be awarded to the top winners!

ID #24085	1/8-2/26	Sa, 12-2pm	8-12	\$60
ID #24086	1/8-2/26	Sa, 2-4pm	13+	\$60
ID #24087	3/5-5/7	Sa, 12-2pm	8-12	\$60
ID #24088	3/5-5/7	Sa, 2-4pm	13+	\$60

# **Intro to Healthy Esports**

Learn to play age-appropriate games while focusing on physical activity. Each day will consist of 2 hours of game play, 30 minutes of sports activity, and 30 minutes of free play. Games included, but not limited to, are: Fortnite, Rocket League, Apex Legends, Valorant, and more!

7-9 \$150 ID #24040 3/14-3/18 M-F, 8-11am ID #24041 3/14-3/18 M-F. 12-3pm 10-12 \$150

Get away from the cold this winter. This camp will have plenty of fun and activities to keep your children warm and active. Each day will be comprised of different sports and activities, arts and crafts, snacks, lunch, and so much more!

> 8am-5pm 5-12 \$55/day OR \$250/week

ID #22478 F. 12/31 ID #22470 M, 12/27 | ID #22472 W, 12/29 ID #22471 T, 12/28 ID #22477 Th, 12/30 ID #22469 M-F, 12/27-12/31

# Spring Break All Sports Day Camp

Our Spring Break All Sports Day Camp is THE place to be over spring break! This camp will provide the opportunity to try many different sports, activities, arts and crafts, Esports, and more. Lunch and snacks are included in registration.

8am-5pm	5-12	\$55/day OR \$250/week
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ID #24613 M, 3/14 ID #24619 W, 3/16 ID #24625 F, 3/18 ID #24614 T, 3/15 ID #24620 Th, 3/17 ID #24068 M-F, 3/14-3/18







This program is geared toward recreational skaters of all ages and skill levels. Instructors will follow the skill progressions outlined in Learn To Skate USA Basic Skills. Skaters will be evaluated throughout the session to determine if they are ready to advance. Our program ratio consists of a 8:1 or 12:1 student/instructor ratio to ensure quality instruction.

ID #24626	10/31-12/5	Su, 2-3pm	3+	\$110
ID #24627	11/2-12/7	T, 6-7pm	3+	\$110
ID #24638	1/9-2/13	Su, 2-3pm	3+	\$110
ID #24639	1/11-2/15	T, 6-7pm	3+	\$110

# Pickleball League

12/23 Registration Deadline

Fun, social, and friendly. The rules are simple and the game is easy for beginners to learn, but can develop into a guick, fastpaced, competitive game for experienced players. Teams will compete for eight weeks. Register at www.teamsideline.com/ WestDesMoines.

League Format: Men's, Women's, & Co-ed

Social, Intermediate, & Competitive levels

Starts 1/4 T, W, & Th, 6:15-9:15pm \$75 + tax/team



Grab a partner and get ready to play everyone's favorite backyard game, bean bag toss. Teams will compete for eight weeks. Register at www.teamsideline.com/WestDesMoines.

League Format: Co-ed; Social (boards at 24') & Competitive (boards at 27') levels

Starts 1/4 T, W, Th, & F, 6:15-9:15pm \$30 + tax/team

# **Zamboni Driving Experience**

**Bags League** 

Have you always dreamed of driving the Zamboni? The RecPlex Zamboni Driving Experience is a crash course in all things Zamboni, which includes an opportunity to take one for a spin on the ice! This 1-hour class is designed for adults with a valid driver's license to learn fun facts about the Zamboni, how they function, and most importantly how to drive them. Space is limited, so book your Zamboni Driving Experience quickly for your chance to drive our brand new Zamboni, and learn how we create and maintain the ice at the RecPlex.



	Tu	ıesdays	18+	\$50		
ID #24306	2/1	1-2pm		ID #24312	2/15	1-2pm
ID #24307	2/1	2-3pm		ID #24313	2/15	2-3pm
ID #24308	2/1	3-4pm		ID #24314	2/15	3-4pm
ID #24309	2/8	1-2pm		ID #24315	2/22	1-2pm
ID #24310	2/8	2-3pm		ID #24316	2/22	2-3pm
ID #24311	2/8	3-4pm		ID #24317	2/22	3-4pm

# **Sweetheart Skate & Shimmy Shake!**

**NEW** 

Join us for a new twist to our annual Sweetheart Dance as we provide a very unique opportunity for "Sweethearts" to spend an evening together. This event, held at the brand new, state of the art RecPlex, provides an opportunity for skaters and dancers both to SKATE and DANCE the night away. A DJ will "spin" the tunes as you dance along the mezzanine or take to the ice and skate. Your ticketed admission includes a voucher to the RP Grill where you will be able to choose your own food and beverages. Bring your own skates, or rent a pair of ours! Bring the entire family for a unique and COOL experience!

\*All children must be supervised by a paying adult.



ID #24562

2/13

Su, 5:30-8pm

\$20

**FAMILY** 

A real letter from Santa himself! If you would like your child to receive a special letter from Santa, please register for this program. After registration, you will receive a form to complete so letters can be personalized. Letters will be addressed and mailed directly to the recipient. All forms must be submitted by December 10 to assure Christmas delivery.



11/9-12/10

\$2/child



# **Pawsitive Beginner Dog Class**

**NEW** 

This beginner dog class, led by ABC Dog Academy, is perfect for dogs 6 months and older who have little to no training. Owners will learn about the science of effective dog training and the use of positive reinforcement. You will train with your dog to create foundational skills that can be utilized for higher level obedience training, more advanced house manners skills, or dog sports. The purpose of this class is to improve communication between the dog and their human companions and increase trust and relationship with both. The first class is informational; for humans only.

This class is not appropriate for dogs who are extremely fearful or aggressive with people or other dogs. Owners must show proof of vaccination for their dogs when signing up for the class. Email proof of vaccination to trevor.hoth@wdm.iowa.gov.

ID #24296	12/2-1/6	Th, 6-7pm	18+	\$200	Activity Center
ID #24297	1/20-2/24	Th, 6-7pm	18+	\$200	Activity Center
ID #24298	3/24-4/28	Th, 6-7pm	18+	\$200	Activity Center

# **Sweetheart Selfies**

NEW

It's time to "strike a pose" and make memories! With Valentine's Day approaching, we want to offer you and your loved ones an opportunity to capture the moment. We will have 3-5 unique backgrounds for you and your friends and family. And because we LOVE our dog park members, we have designated "dog friendly" session times, too! (Please note: The registration fees are per person; all dogs are FREE!) We will provide a cell phone tripod at each station, or feel free to bring your own selfie stick. Don't forget your camera device for photos!



16



Sat, 2/5	ALL	\$5/person	Nature	Lodge	
ID #24529 9am ID #24520 9:30am ID #24525 10am	ID #24528 10 ID #24513 11 ID #24517 11	am ID #24527	* 1:30pm	ID #24530* ID #24524* ID #24515*	3pm
			1"		



Get out of the house and come to the Nature Lodge at Raccoon River Park for a Nature Story Time. Our naturalist will read a nature story or two and get out a critter from the classroom to share. We will use the large room, so we will have plenty of space to spread

2/2-2/23 W, 10-10:30am

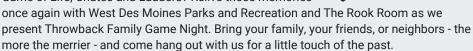
Free

Nature Lodge

ROOK ROOM

# **Throwback Family Game Night**

Remember those family game nights playing Sorry, The Game of Life, Chutes and Ladders? Relive those memories



ID #24504 2/4 F, 5:30-8:30pm \$10/up to 4 Activity Center

# **Gateway Games**

Monopoly, Candy Land, The Game of Life. Those are all great games, but are you ready to graduate to some new, exciting games? There are thousands of great board games out there waiting to be played. If you've been wanting to try some, here's your chance. The Rook Room will be joining West Des Moines Parks and Recreation in helping you to try out and learn to play a few of the most popular "gateway games" like Ticket to Ride, King of Tokyo, Betrayal at House on the Hill, 7 Wonders, and more! Already know how to play some of these? This is a perfect opportunity to bring your friends and get them into the amazing world of board games!

ID #24505 2/19 Sa, 2:30-5:30pm 7+ \$10/up to 4 Activity Center

#### PuzzlePalooza for Kids NEW

The Rook Room's wildly popular PuzzlePalooza jigsaw puzzle competition is coming to West Des Moines Parks and Recreation with a kids'



competition! This sell-out puzzle bonanza pits teams of up to four against each other to be the first to finish their jigsaw puzzle and claim the top prize. But watch out, because teams can earn a sabotage to use against their foes. Kids up to age 14 are welcome to join this fun and friendly competition. Seventy-piece puzzles feature art from local artists and are yours to keep at the end of the tournament!

ID #24506 3/26 \$40/up to 4 **Activity Center** Sa, 2-5:30pm

# **Snowshoe Basics**

Here is your chance to try something new! Snowshoeing is a great, low impact way to spend some quality time with your family and to get some fresh air and exercise during the winter. Join our naturalist for some snowshoeing fun. The event will be held in Raccoon River Park. The exact place will be announced the day of the event and will be determined by snow cover and weather conditions. \*Children are free but must register and be accompanied by a registered adult.

ID #24084	1/30	Su, 1-2:30pm	5+	\$10	Nature Lodge
ID #24119	1/30	Su, 3-4:30pm	5+	\$10	Nature Lodge
ID #24569	2/19	Sa, 10-11:30am	5+	\$10	Nature Lodge

# **Bird Feeder Workshop**

Come to the Nature Lodge and build a couple of easy bird feeders! These feeders are easy enough for kids to make but functional enough for birds to use. It will only take 45 minutes to build the feeders so participants can come and go throughout the event. Only those building feeders need to register.

ID #24082	12/16	Th, 5:30-7pm	5+	\$5	Nature Lodge
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# **Charlie Chipmunk**

Charlie usually hibernates during the winter, but before he went to sleep he came up with something fun for you to do this winter. You can either use GPS to find a treasure or follow the reflective tacks using a flash light at night. He hid four caches before he got sleepy. Each child may take one prize from each cache. Follow our Facebook page to find the starting points and GPS coordinates. Begins January 15.



# **Kindness ROCKS!**

Kindness ROCKS is a great way to bring some kindness into our world. You will be painting rocks to either keep, give away, or put out for others to find. The possibilities are endless. Bring your favorite rock to paint or use some of ours. Paints and paint brushes will be provided. Come join the fun, and share some kindness! This event will be an open house format.

ID #24079 2/12 Sa. 10-11:30am 3+ \$4 Nat	#240/9 Z	/12 Sa.	. 10-11:30am	<b>3</b> +	54	Nature L	.oaae
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# Winter Wonder Palace

Step into the Winter Wonder Palace - a place where the bitter cold melts away to reveal a magical world of fun and fantasy! In a 90-minute period, your little royal will experience three different wonder worlds within the palace and will get to meet four storybook characters. Each room will have approximately 30 minutes' worth of activities.



\* The \$29 fee covers 1 admission for a child and 1 accompanying adult.

ID #24514	2/26	Sa, 9 -10:30am	3-11	\$29	Nature Lodge
ID #24518	2/26	Sa, 11am -12:30pm	3-11	\$29	Nature Lodge
ID #24522	2/26	Sa, 1-2:30pm	3-11	\$29	Nature Lodge

# Kids in the Kitchen

Kids in the Kitchen is an introduction to cooking for young children, and those involved in the preparation of

their meals prove to be healthier eaters, so start them on the right path with this three week program! The students will be taught everything from mixing and measuring to kitchen safety. In each class, the children will make a snack while learning kitchen basics and cooking techniques. Please feel free to bring an apron to protect clothing from any kitchen messes!

ID #24521	1/11-1/27	T & Th, 4:30-5:30pm	6-8 \$30	Nature Lodge
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# American **Red Cross**

# **Babysitters Course**

The Red Cross Babysitters course will provide participants with the knowledge and skills to safely and responsibly care for children and infants. Participants will learn how

to build a babysitting business, develop leadership skills, and how to keep themselves and others safe. They will also learn some basic information on First Aid and CPR. Each participant will receive a babysitting training set which includes a manual, a pocket emergency reference guide, and a CD with helpful resources.

ID #24285	1/22	Sa, 9:30am-4:30pm	11-16	\$60	<b>Activity Center</b>
ID #24288	2/26	Sa, 9:30am-4:30pm	11-16	\$60	<b>Activity Center</b>
ID #24286	3/26	Sa, 9:30am-4:30pm	11-16	\$60	<b>Activity Center</b>

# Lee Cole's Magicamp

Magicamp is for anyone who likes to have fun. You'll learn how to entertain and amaze your friends, family, and classmates with magic that you can do anywhere, at any time and for the rest of your life. Join professional magician, Lee Cole, for two days of fun at the Raccoon River Park Nature Lodge. All magic materials provided.

Call 515.222.4329 for

more information.

ID #22860	12/28 & 12/30	T & Th, 1-3:45pm	7-15	\$45	Nature Lodge
ID #24211	3/15 & 3/17	T & Th, 9-11:45am	7-15	\$45	Nature Lodge

# **Lifequard Training Course**

Prerequisites for the course:

Minimum age of 15 years

- Swim 300 yards continuously
- Tread water for 2 minutes using only the legs
- Complete a timed event within 1 minute, 40 seconds
- Starting in the water, swim 20 yards
- Surface dive to a depth of 7-10' to retrieve a 10lb object
- Return to the surface and swim 20 yards on the back to return to the starting point
- Exit the water without using a ladder or steps

ID #24290	3/15-3/17	T -Th, 8am-4pm	15+	\$175	Valley HS Pool
ID #24291	4/1-4/3	F-Su, varies	15+	\$175	Valley HS Pool
ID #24289	4/8-4/10	F-Su, varies	15+	\$175	Valley HS Pool

**YOUTH** 

# **Intro to Circus Arts**

**NEW** 

Enhance balance, flexibility, strength, coordination, and confidence with Circus Arts! Students will be introduced to traditional and modern circus arts each week including; acro/balancing, prop manipulation, hooping, and stilt walking!



ID #24475

1/4-1/25 T, 4:30-5:15pm

8-12

\$95 Nature Lodge

#### A Day at the Circus **NEW**

Kids will spend the morning in a real circus training center climbing, swinging, flying, dancing, and balancing on aerial and acrobatic equipment.

ID #24485

2/18

F, 8:30am-12pm 7-12

\$40

\$199

Cirque Wonderland 105 S. 11th St., WDM

#### **Cirque Camp** NEW

Camp finishes the week with an informal performance for parents/adults on Friday at 12pm so all camp participants can show off their new circus skills. Performance links will be available for parents/adults to share with friends and family. All participants receive a certificate upon completion.

ID #24476

3/15-19 M-F, 8:30am-12pm 7-13

Cirque Wonderland 105 S. 11th St., WDM

# Tae-Kwon-Do / Karate

The Korean art of self defense, Tae-Kwon-Do, is recognized as a beneficial method of improving health, balance, agility and poise. As a philosophy of mental alertness and moral ethics. TKD can serve to enhance anyone's life, young or old. Beginner classes are for white through green belts. Intermediate/Advanced classes are for green belts and up. \*Class will not be held on 3/15.



#### **BEGINNER CLASS**

ID #24452	1/4-2/22	T, 6:30-7:30pm	6+	\$45	<b>Activity Center</b>				
ID #24387	3/1-4/26	T, 6:30-7:30pm	6+	\$45	<b>Activity Center</b>				
INTERMEDIATE/ADVANCED CLASS									
ID #24454	1/4-2/22	T, 7:30-8:30pm	6+	\$45	<b>Activity Center</b>				
ID #24404	3/1-4/26	T, 7:30-8:30pm	6+	\$45	<b>Activity Center</b>				

# **Little Ninjas**

Join our early childhood program designed to teach the basic fundamentals of both Tae-Kwon-Do and Karate. This class will focus on building self-respect, selfconfidence, coordination of mind and body, and self-discipline.

#### \*Class will not be held on 3/15.

ID #24449	1/4-2/22	T, 5:30-6pm	4-5	\$33	<b>Activity Center</b>
ID #24451	1/4-2/22	T, 6-6:30pm	4-5	\$33	<b>Activity Center</b>
ID #24426	3/1-4/26	T, 5:30-6pm	4-5	\$33	<b>Activity Center</b>
ID #24390	3/1-4/26	T, 6-6:30pm	4-5	\$33	<b>Activity Center</b>



# Little Breakerz

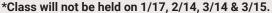
This beginner breakdancing class will teach the basic foundations of breaking along with some history of Hip Hop culture. We will cover toprocking, footwork, freezes, transitions, and power in a fun and safe environment. Classes are led by Anthony San who has taught youth breakdancing around the metro for over five years.

\*Class will not be held on 3/13.

ID #24464	1/9-2/13	Su, 3-3:45pm	4-6	\$40	Activity Center
ID #24466	1/9-2/13	Su, 3:45-4:45pm	7-11	\$40	Activity Center
ID #24465	2/20-4/3	Su, 3-3:45pm	4-6	\$40	<b>Activity Center</b>
ID #24467	2/20-4/3	Su, 3:45-4:45pm	7-11	\$40	<b>Activity Center</b>

# **First Steps Dance Classes**

First Steps Dance Classes are designed to introduce children to the fundamental skills of dance at a cost and time commitment that is minimal to parents. All classes are led by Josalynn Agnew, an instructor with many years of studio experience.





**YOUTH** 

21

## Beginners - Instruction in ballet and jazz; no special shoes required **SESSION 1**

ID #24339	1/3-2/7	M, 5-5:30pm	3-4	\$33	<b>Activity Center</b>
ID #24342	1/3-2/7	M, 5:30-6pm	3-4	\$33	<b>Activity Center</b>
ID #24333	1/4-2/8	T, 4:45-5:15pm	3-4	\$39	<b>Activity Center</b>
ID #24336	1/4-2/8	T, 5:15-6pm	5-6	\$39	<b>Activity Center</b>
SESSION 2					

#### ID #24340 2/21-4/4 M, 5-5:30pm 3-4 \$39 **Activity Center** ID #24343 2/21-4/4 M, 5:30-6pm \$39 **Activity Center** 3-4 ID #24334 2/22-4/5 T, 4:45-5:15pm \$39 3-4 **Activity Center** ID #24337 2/22-4/5 T, 5:15-6pm 5-6 \$39 **Activity Center**

# Intermediate - Performance at conclusion; tap and ballet shoes required

ID #24347	1/3-5/16	M, 6-6:45pm	5-6	\$145	Activity Center
ID #24348	1/3-5/16	M, 6:45-7:45pm	10-12	\$145	Activity Center
ID #24345	1/4-5/17	T, 6-6:45pm	5-6	\$155	Activity Center
ID #24346	1/4-5/17	T, 6:45-7:45pm	7-9	\$155	Activity Center

# Pre-pointe\* - Regular non-pointe ballet shoes required

10 12 4045 170 0710 W, 7.40 Opin 10 12 400 Activity Oction	ID #24349	1/3-5/16	M, 7:45-8pm	10-12	\$55	Activity Center
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<sup>\*</sup> This class is an add-on for students enrolled at the Intermediate level.

Creative Geniuses is an engaging, educational, and student-led art program. We will use a new medium each week including drawing, painting, and sculpture. Students will learn technical skills while making personally meaningful art. We will bring imagination to life through an artistic process and



creative habits that can be used beyond the classroom. Our winter program is "Crea8 Your Own". Students will learn how to make their own art supplies each week. They will then use those supplies to make their artworks. We're making new art tools invented from imagination that are brought to life and new ways to make art!

# **PreK Art Play**

ID #24428	1/5-1/19	W, 6-6:30pm	3-5	\$36	<b>Activity Center</b>
ID #24397	2/2-2/23	W, 6-6:30pm	3-5	\$48	<b>Activity Center</b>

# **Creative Geniuses Art**

ID #24395	1/5-1/19	W, 6:45-7:45pm	6-11	\$45	<b>Activity Center</b>
ID #24405	2/2-2/23	W, 6:30-7:30pm	6-11	\$59	<b>Activity Center</b>



www.RoundedMinds.com

The format for all Rounded Minds™ programs is high-energy! Children experience the joy of learning new skills by "doing" and through fun games, songs, and positive reinforcement. Every Rounded Minds™ class is designed and led by attentive experts committed to providing safe, creative, and fun educational experiences.

# **Sports Exploration**

ID #24282 2/25-4/8

ID #24370	1/31-2/28	M, 5:15-6pm	3-6	\$65	Activity Center					
Soccer *Class will not be held on 3/19.										
ID #24366	1/15-2/19	Sa, 9-9:30am	2-3	\$55	Activity Center					
ID #24367	1/15-2/19	Sa, 9:30-10am	2-3	\$55	Activity Center					
ID #24369	1/15-2/19	Sa, 10-10:45am	4-6	\$65	Activity Center					
ID #24371	2/26-4/9	Sa, 9-9:30am	2-3	\$55	<b>Activity Center</b>					
ID #24372	2/26-4/9	Sa, 9:30-10am	2-3	\$55	Activity Center					
ID #24373	2/26-4/9	Sa, 10-10:45am	4-6	\$65	Activity Center					
Tumblii	<b>ng</b> *Class will r	ot be held on 3/18.								
ID #24363	1/14-2/18	F, 5-5:30pm	2-3	\$55	Activity Center					
ID #24364	1/14-2/18	F, 5:30-6pm	2-3	\$55	Activity Center					
ID #24365	1/14-2/18	F, 6-6:45pm	4-6	\$65	<b>Activity Center</b>					
ID #24280	2/25-4/8	F, 5-5:30pm	2-3	\$55	Activity Center					
ID #24283	2/25-4/8	F, 5:30-6pm	2-3	\$55	Activity Center					

# **Start Smart Programs**

Start Smart Programs will be held once a week for 5 weeks, and each week the exercises become increasingly more difficult as the class progresses and the children show improvement. All supplies needed for Start Smart Programs are provided at the first class and are included in the program fee. \*Please note that Start Smart Programs are not competitive game settings. A parent is required to attend and participate each week.



#### Basketball \*Class will not be held on 2/24.

ID #24281	2/3-3/10	Th, 5:30-6:30pm	3-5	\$65	Crossroads Park Elem
Sports De	velopment				
ID #24279	3/22-4/19	T, 5:30-6:30pm	3-5	\$65	Crossroads Park Elem

# **WDM Youth Sports Organizations**

Youth sports in West Des Moines are coordinated by a variety of organizations. These groups are not organized by the City of West Des Moines Parks and Recreation Department; however, some of them may utilize City facilities.

For a comprehensive listing of a variety of youth sports information visit www.wdm.iowa.gov/YouthSports



# **Recreation Hotline**

For special program information and updates or weather-related cancellations call

515.222.3500

# **Youth Archery Lessons**

Does your child want to learn more about archery? Maybe they would benefit from some group archery lessons. Each lesson time will be limited to six archers. Lessons will be taught by a NASP certified teacher.

ID #24081	3/29-4/12	T, 4:30-5:15pm	10-13	\$21	<b>Archery Facility</b>
ID #24078	3/29-4/12	T, 5:15-6pm	10-13	\$21	Archery Facility



# **Indoor Playground**

Need to get out of the house and let that toddler run off some steam? We've created an indoor playground that can help get the job done. Toys, slides, and riding toys will challenge your child for a day of fun! Parents are required to stay and supervise their children. Indoor Playground is not held when school is not in session.

1/10-4/6	M & W, 10-11am	6 mos 4	FREE	Activity Center
1/10-4/6	M & W, 11:15am-12:15pm	6 mos 4	FREE	Activity Center

Pre-registration is required at www.wdm.iowa.gov/ParkRecReg.

F, 6-6:45pm

4-6

\$65

**Activity Center** 

## **Create a Critter**



NEW

Stop into Five Monkeys Inc. between 4pm and 6pm. Once you arrive you'll choose from a large selection of adorable figurines. From snakes and dragon eggs to unicorns and princesses, puppies and kitties to ladybugs and caterpillars. We'll pour you some glaze and you'll create your masterpiece. You'll leave your piece with us to be kiln fired and pick up in about a week.

> W. 4-6pm \$20 6-12 Five Monkeys Inc. 134 5th St., WDM

ID #24540 1/12

ID #24542 2/9

ID #24544 3/9

# Art Around the World

Get ready to discover art from around the world. In this six-week program, your child will create art from or inspired by Australia, Brazil, Ghana, Mexico, Italy, and Russia. We will spend some time each week learning about a country and then create our art. And to highlight what we've done, families will be invited to a gallery night upon completion of the class!

1/27: Australia - Dreamtime Painting Brazil - Carnival Mask/Headdress 2/3:

2/17: Mexico - Mini Pinata

2/10: Ghana - Sandpaper Printed Cloth

ID #24457 1/27-3/10 Th. 5:15-6:45pm 2/24: Italy - Fresco Painting 3/3:

Russia – Fabergé Eggs 3/10:

Gallery Night

8-12 \$75 **Activity Center** 

\$25

\$25



All of the Seedlings programs will be

held at the new

Tallgrass Theatre

location at 2019

Grand Ave., WDM.

Naima Nicholson and Maranda Turner. Both have a wide range of children's theater, education, and performance experience. Improv for Reginners

IIIIpiov	IOI D	egiiiicis	
ID #23921	1/15	Sa, 1-4pm	8-13
ID #24134	3/19	Sa. 1-4pm	8-13

# **Building Upon Improv Skills**

ID #24131	1/16	Su, 1-4pm	14-17	\$25
ID #24135	3/20	Su, 1-4pm	14-17	\$25

The Seedlings program is led by two experienced theatre professionals,

# **Beginning Acting Games**

ID #24132	2/5	Sa, 10am-12pm	8-11	\$25

# **Digging Into Monologues**

ID #24133 2/5-2/12 Sa, 1-3pm 14-18 \$50

# **Beginning Stage Combat & Safety Basics**

ID #24136 2/12 12-16 Sa, 10am-12pm

Did you know?

The City of West Des Moines has developed a reimbursement program to assist City residents with installing a Rain Barrel and/or soil quality restoration (SQR) improvement for their property. The goal of this program is to encourage residents to reduce storm water runoff, collect stormwater for yard/garden use, and improve the soil quality on their properties. The program is intended to help offset the cost of materials and/or contractor labor to install such improvements.

Rain Barrels - Residents are eligible for a maximum reimbursement of \$75. Limit one rain barrel reimbursement per address.

SQR - The City will match 50% of the SQR cost up to \$1500. Limit one SQR reimbursement per year per address.

Program details can be found at www.wdm.iowa.gov/StormwaterBMP.

# **Rain Barrel Building Workshop**

NEW

ADULT

Have you ever wanted to build a rain barrel and didn't guite know how to do it? Here is your chance! We will have 55 gallon plastic barrels and the tools to turn them into a useful rain barrel for your home.

ID #24141 3/26 Sa, 9-10:30am 18+ \$50 Nature Lodge

# **Craft Craze Classes**

Are you looking to get out of the house and get your creative juices flowing? If so, you may want to sign up for a Craft Craze Class. You will leave with a finished or nearly finished item great for decoration or for gifts after each class.

## **Felt Valentine Hearts**

**NEW** 

In this class we will make 4 - 8 felt Valentine hearts (depending on how fast you work), using embroidery floss to add faces or words of your choice, perfect to use as decor, add to a Valentine bouquet, or use as Valentines themselves!



ID #24556 2/1 T, 5:30-8pm \$25 Nature Lodge

## **Painted Terra Cotta Pots**

**NEW** 



In this class we will paint three small terra cotta pots in a variety of modern, minimalist styles (although you are welcome to paint in whatever style suits your taste). You'll be able to take your creations home, perfect for starting a spring herb garden or displaying succulents.

ID #24557 4/5 T, 5:30-8pm Nature Lodge

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

24



Iowa Stage Theatre Company transforms lowa, its citizens, and arts community by producing truthful, relevant, and intimate theatre that inspires, enlightens, and entertains.

# **Basic Acting**

Drawing largely on the work of master acting teacher Sanford Meisner, yet also including the instructor's own insights and exercises culled from decades of acting and acting education, this class gives the new actor a solid basis of acting training - and some fun and surprises, too!

ID #24328	2/5-2/26	Sa, 10am-1pm	16+	\$75	<b>Activity Center</b>
ID #24330	3/12-4/2	Sa, 10am-1pm	16+	\$75	<b>Activity Center</b>

# **Writing for Stage and Screen**

From opening moments to the hush of a final fadeout, writers of the drama and their audiences want the very same thing: the thrill of a great story well told. This class helps you structure your stage or screen story for maximum impact.

ID #24329	2/5-2/26	Sa, 2-5pm	16+	\$75	<b>Activity Center</b>
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# **Advanced Acting**

Already have some acting experience, onstage, on-screen, or in class? This class will give you the opportunity to stretch in monologues and scenes chosen by you and/or your instructor.



ID #24331 3/12-4/2 Sa, 2-5pm 16+ \$75 Activity Center



# **Tarot and Pottery Night**

NEW

Paint pottery and have your tarot cards read by Maggie Howe from Five Monkeys Inc.

#24546	1/7	F, 6-9pm	18+	\$45	Five Monkeys Inc.
					134 5th St.

# **Tarot and Pottery Night - Couple's Night**

NEW

Paint pottery and have your tarot cards read by Maggie Howe in a special Tarot night designed for couples. The listed price is per couple. Only one person needs to register.

ID #24547	2/11	F, 6-9pm	18+	\$90	Five Monkeys Inc.
					134 5th St.

# **Forest Bathing Shinrin-Yoku**

Join us for a two-hour forest bathing walk led by Brandy Case Haub of Intertwined Nature + Forest Therapy. Forest bathing boosts immunity, lowers blood pressure and stress hormones, prevents and relieves stress and anxiety, and increases cognitive functioning. Guided forest bathing walks are appropriate for all ages and abilities as less than a ½ mile is covered on each walk. Guides use techniques to support participants in entering a state of embodied awareness, moving through a series of "invitations" to support participants in tuning into each of their senses, allowing participants to move into a liminal space and experience resulting wellness benefits.

ID #24080	1/8	Sa, 1-3pm	15+	\$20	Southwoods Park
ID #24118	3/26	Sa, 9-11am	15+	\$20	Southwoods Park

# Forest Bathing Shinrin-Yoku with Snowshoes

NEW

Join us for an active hour of snowshoeing followed by two hours of nature immersion (forest bathing).

ID #24117	1/29	Sa, 1-4pm	15+	\$25	Raccoon River Park
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# **Ballroom Dancing**

Instructors: Jim and Suzi Benjamin
Questions: DanceInfo@DesMoinesDance.org
\*Class will not be held on 4/17.

#### Level I & II

This class is for absolute beginners and anyone who has some knowledge of various ballroom dances. It will be a great class for Level I review and for those who would like to add additional figures beyond that class. We will teach 4-6 figures in each dance as we progress through the class. When you complete this course you should be comfortable going to wedding reception dances, cruises, or social dances at business functions and various venues around the Greater Des Moines Area. Couples only. Program fee is per person. Dances taught: Foxtrot, Swing (East Coast), Waltz, Rumba, Tango, & Cha Cha

ID #24394	1/9-2/27	Su, 12:30-1:30pm	16+	\$80	<b>Activity Center</b>
ID #24442	1/13-3/3	Th, 6:45-7:45pm	16+	\$80	<b>Activity Center</b>
ID #24441	3/6-5/1	Su, 12:30-1:30pm	16+	\$80	<b>Activity Center</b>
ID #24443	3/10-4/28	Th, 6:45-7:45pm	16+	\$80	Activity Center

## **Poker Skills**

Poker has long been America's favorite card game. The class in basic poker skills introduces you to the five strategic aspects that every player is juggling at any given moment. Please note that this class is intended to teach skill only and NO real money will be gambled.

ID #24326	2/1-3/1	T, 6:30-9pm	18+	\$30	Nature Lodge
ID #24327	3/8-4/5	T, 6:30-9pm	18+	\$30	Nature Lodge

26

Turn Up Fitness is a fun, high-cardio dance class using your favorite hip-hop and pop songs from the 90's through today. It uses high intensity interval training in an empowering and judgment-free setting. You will be having so much fun, you'll forget you are working out! More at www.facebook.com/turnupjackie.

Drop in fee - \$7 per class

ID #24417	1/5-2/25	W & F, 6-7pm	18+	\$80	<b>Activity Center</b>
ID #24392	3/2-4/29	W & F, 6-7pm	18+	\$80	<b>Activity Center</b>

# Yoga with Jayla

There is a great need in the world today for stress management. Yoga with Jayla is a yoga workshop for people of the community so that they can reap the various benefits of yoga. It has been medically proven that yoga releases stress and tension from the nervous system, and this in turn enhances a person's ability to cope with the increasing pressures

of modern day living. Yoga does this by providing deep relaxation to the body and the mind through its ancient breathing techniques and physical postures/exercises. So what are you waiting for? Let's get started sharpening your mind, body, and soul! To keep up to date on classes visit www.facebook.com/yogawithjayla.



M & Th, 6-7pm; Sa & Su, 10-11am

ID #24429	1/3-1/31	M, Th, Sa, Su	18+	\$80	<b>Activity Center</b>
ID #24410	2/3-2/28	M, Th, Sa, Su	18+	\$80	<b>Activity Center</b>
ID #24385	3/3-3/31	M, Th, Sa, Su	18+	\$80	<b>Activity Center</b>
ID #24403	4/2-4/30	M, Th, Sa, Su	18+	\$80	<b>Activity Center</b>



# **Volleyball Open Gym**

Bring your friends for an exercise-filled evening of recreational volleyball.

\*Open Gym will not be held on 12/28 & 1/4.

"Open Gym will not be neid on 12/28 & 1/4.

12/17-2/22 T, 6:30-10pm 18+ \$2 res/\$3 non-res Rex

Rex Mathes 1401 Vine St.

# **Basketball Open Gym**

Stop by to shoot some baskets or play a pick-up game of basketball.

\*Open Gym will not be held on 12/27.

12/6-2/28 M, 6:30-10pm 18+ \$2 res/\$3 non-res

Rex Mathes 1401 Vine St.

**Coed Badminton Open Gym** 

Drop in for pick-up badminton matches.

\*Participants under 18 must be accompanied by a parent or legal guardian.

es.

**ADULT** 

11/14/21-5/1/22 Su, 2:30-5pm 18+ \$2 res/\$3 non-res Valley Southwoods

# "The Finals" Men's Basketball Tournament

3/24 Registration Deadline

WDM Parks and Recreation will again be hosting "The Finals" Men's 5-on-5 Basketball Tournament. CASH PRIZES AND TROPHIES WILL BE AWARDED IN EACH DIVISION. This tournament will have high and low power divisions.

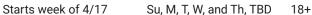
Register at www.teamsideline.com/WestDesMoines.

4/1-4/3 F-Su, TBD 18+ \$106/team Valley Southwoods & Valley HS

# Adult Men's & Coed Softball Leagues

3/31 Registration Deadline

WDM Parks and Recreation will begin accepting applications for our upcoming Adult Men's and Coed Softball Leagues starting on February 1 using Team Sideline. For registration information or to be placed on our email list, please call 515.222.3444. Information will also be posted online in February at www.teamsideline.com/WestDesMoines.



M, T, W, and Th, TBD 18+ RRP Softball Complex

Coed Divisions: Recreation (Levels C-D), Recreation (Doubleheader), Commercial Men's Divisions: Recreation (Doubleheader), Commercial (Doubleheader, Levels C-D), Commercial 50+ Draft

The West Des Moines Parks and Recreation Department is accepting applications for our upcoming Adult Sport Leagues. For registration information or to be placed on our email list, please call 515.222.3444. Information will also be posted online at www.teamsideline.com/WestDesMoines.

## CORPORATE SPONSOR HONOR ROLL

We would like to say "Thank You" to the sponsor and advertiser of the Adult Sports programs. We encourage you to support them.

AWARDS PROGRAM SERVICES



28

# **REGISTRATION STARTS ON TUESDAY, NOVEMBER 9, AT 8AM**

# **Holiday Lights Tour**

Join us for a relaxing evening sure to put you into the holiday spirit! We will travel to Altoona to view the "Jolly Holiday Lights" display. Please note our departure is from the Nature Lodge at Raccoon River Park where our warm motor coach will play festive holiday music en route. Upon our return, we will be treated to hot cider and light snacks, featuring some LIVE local entertainment.

ID #22800

12/7

T, 5-8pm

55 +

Nature Lodge

# "WICKED" Matinee at the Omaha Orpheum Theatre



Join us for a spectacular day out in Omaha! The Orpheum Theater is Omaha's "golden palace", a historic Midwestern landmark. We will enjoy lunch together at Spaghetti Works with some brief time for shopping in the Old Market area before the matinee performance of "WICKED!" Long before that girl from Kansas arrives in Munchkinland, two girls meet in the land of Oz. One born with emerald green skin - is smart, fiery and misunderstood. The other is beautiful, ambitious and very popular. How these two grow to become the Wicked Witch of the West and Glinda the Good makes for "the most complete and completely satisfying new musical in a long time" (USA Today) "The best musical of the decade" (Entertainment Weekly) is back by "Popular" demand! Transportation, lunch and your theatre ticket are all included in your program fee.

ID #24503

Th, 8:30am-7:30pm 55+

Valley West Mall (SE corner)

# **Spring Mystery Trip**

Jump on board the mystery bus for an adventurous day full of surprises! You should come prepared for both indoor and outdoor activities since our destination will not be revealed. Please be sure to dress casually and comfortably. This trip will include your lunch and any admissions to destinations we may visit. At the time of publication, COVID cases were still high. Your safety is our priority. Masks are strongly encouraged and preferred.



ID #24523

W. 7:30am-5:30pm

\$72

Valley West Mall (SE corner)

These trips generally fill quickly, so please register early. Space is limited to 50 people. All day trips are open to people 55 years old and over.

# PROGRAM REGISTRATION FORM

Account Primary Cont	act				
First Name		Las	st Name		
Birth-date		Pho	one		
Mailing Street Address		Em	nail		
City, State, Zip Code		Ca	rd Number	/	/
Registration Informati	on	C/	/C	Exp.	Date
Participant First Name	Participant Las	t Name	Birthdate	Course ID #	Fee
* Please make checks	payable to the	City of V	l Vest Des M	oines	

Drop Off

WDM Parks & Rec. Admin. Office 4200 Mills Civic Parkway

West Des Moines, IA 50265

Mail To WDM Parks & Rec. Dept. PO Box 65320

West Des Moines, IA 50265

Scan & Email To parkrec@wdm.iowa.gov Fax To 515.222.3459

## WDM Parks & Recreation Department Waiver and Release of Liability

n consideration of my own or my child's participation in the Parks and Recreation (hereinafter referred to as "P&R") program or activity through the City of WDM, Iowa (hereinafter referred to as "City"), we hereby release the City, its officials, employees, representatives, and agents from any and all accidents, injuries, damages, or losses received by my child or my myself through the P&R program that have not been caused by negligence attributable to the City. I also agree and acknowledge that the City is not responsible for any intentional or reckless actions of the City's officials, employees, representatives, and agents since those actions are the sole conduct of the responsible individual(s). I further agree and acknowledge that this release of liability is full, complete, and comprehensive, and it covers all accidents, injuries, damages, or losses, known or unknown, and any and all costs related thereto arising out of or otherwise related to my child's participation or my own participation in programs or activities, and that this release is binding upon our heirs, successors, and assigns. We certify that my child and/or myself has received a proper physical examination within the past year and that we are physically able to participate in all P&R activities. We understand that it is our obligation to timely inform P&R of any restrictions or limitations regarding our physical abilities. We also understand that it is our obligation to follow all regulations and rules set forth by P&R in the performance of the activities. We hereby release, indemnify, and hold harmless the City, its officials, employees, representatives, and agents from any and all claims, settlements, and judgments, including all reasonable investigative fees, attorney's fees, and court costs for any injury, damage, or loss, which is due to or arises in whole or in part due to negligent, reckless, or intentional actions taken by my child or by myself.



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AVAILABLE FOR PURCHASE AT WDM CITY HALL OR BY CALLING 515.222.3444 2022 Annual Dog Park & Archery Facility Permits

2022 Season Pool Pass

Beginning 11/1

Beginning 12/1

## ANNUAL DOG PARK PERMIT

WDM Resident	\$15
Non- Resident	\$40





## 2022 SEASON POOL PASS

Buy your season pass by 5pm on March 31 to receive a 10% discount

# ANNUAL ARCHERY FACILITY PERMIT

	Youth	Adult
WDM Resident	\$10	\$20
Non- Resident	\$20	\$40

